The Teens & Tweens EmPOWERment Conference is a two-day event filled with fun, educational, and leadership activities for youth ages 9-19, as well as educational workshops for volunteers and group leaders. Conference workshops include community service projects, Internet safety, physical fitness, nutrition, career exploration, and more.

The objectives of the Teens and Tweens EmPOWERment Conference are:
1) Provide quality leadership and learning experiences for youth
2) Provide the opportunities for youth to gain knowledge about college life and career choices
3) Encourage the development of decision-making and problem-solving skills
4) Provide opportunities for youth to develop self-esteem and social skills
5) Recognize and reward youth for their participation in TMI program

Location
The 2008 Teens & Tweens EmPOWERment Conference will be held on Monday and Tuesday, June 30 – July 1 at Alabama A&M University, James I. Dawson Building, Normal, AL 35762.

Registration
Registration for Teens and Tweens EmPOWERment Conference 2008 is $55 per person, which includes lodging (A&M University Residence Hall), meals, activities, and a t-shirt. Due to prior arrangements, there will be NO ON-SITE REGISTRATION and CANCELLATIONS. Please make checks payable to: Urban Extension. All registration forms, parental consent forms and payment are due by June 11, 2008 and should be mailed to:

Alabama Cooperative Extension System
Teens & Tweens Empowerment Conference
c/o Debra Scruggs
P.O. Box 1088
Normal, Alabama 35762

Overnight Chaperon Requirements
Group Registrations only. All participants must register through an Extension Agent or an adult volunteer leader. All overnight chaperons including overnight volunteers must be pre-screened and approved by program staff. For additional information, please contact Kimberly Burgess at (256) 372-4585.
**Tentative Schedule**

**Monday, June 30, 2008**

1:00 – 3:00 p.m. Registration and check-in dormitory - Ernest Knight Center  
4:30 p.m. Opening Assembly (Semi-formal attire)  
5:00 p.m. Banquet (Semi-formal attire)  
7:30 p.m. “Fun Fitness” Workshop w/ Nek-Nak Productions, Atlanta, GA - Ernest Knight Gym (Casual attire)  
8:45 p.m. TMI Talent Showcase/Dance  
11:00 p.m. Dance ends  
11:30 p.m. Lights out/room check

**Tuesday, July 1, 2008**

7:00 a.m. Breakfast (Attire: Conference t-shirt, jeans, or khaki slacks/skirts, and casual shoes)  
Load cars and check-out of dorm  
8:30 a.m. Workshop Group Assignments – James I. Dawson Building  
9:00 a.m. – 12:00 p.m. **Youth Workshops** (Concurrent sessions)  
Workshop A: Community Service Project  
Workshop B: Internet Safety  
Workshop C: Career Exploration (Exhibits featuring a chef, meteorologist, policeman, NASA, and much more)  
9:00 a.m. – 12:00 p.m. **Volunteers & Group Leaders Workshops**  
Topics: Tackling Today’s Teen Issues  
Internet Safety  
Time and Stress Management  
12:00 p.m. Lunch  
1:15 p.m. Workshop on Proper Dress: What’s Hot & What’s Not  
2:00 p.m. Break  
2:15 p.m. Closing Speaker  
2:45 p.m. Door prizes  
Evaluation  
Closing  
3:15 p.m. Have a safe trip home

**What to Bring to Teens & Tweens Conference**

- Twin-size sheets or sleeping bag, blanket, & pillow  
- Washcloths and towels  
- 2-Day attire for young women: pajamas, jeans or khaki pants, sneakers, & dress clothes (dress, skirt/blouse, dress shoes) and for young men: pajamas, jeans or khaki slacks, sneakers, & dress clothes (shirt, tie, jacket, & dress shoes)  
- Toiletries (soap, deodorant, toothpaste, toothbrush, hair brush and comb, etc.)  
- Flashlight  
- Alarm Clock
GROUP REGISTRATION FORM

Teens & Tweens EmPOWERment Conference 2008
ALABAMA COOPERATIVE EXTENSION SYSTEM
URBAN AFFAIRS & NEW NONTRADITIONAL PROGRAMS

This group registration form should be completed by an Extension Agent or adult volunteer leader** along with parental consent forms for each youth and mailed by **JUNE 11, 2008.** Agents/Leaders can obtain consent forms at [www.aces.edu/urban](http://www.aces.edu/urban)

Please print or type.

County:_________________ Agent/Volunteer Leader:____________________
Telephone:_________________ E-mail:____________________

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<th>Gender</th>
<th>Age</th>
<th>T-shirt Size (S/M/L/XL/XXL)</th>
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**Volunteers must be pre-screened and approved by program staff.

Total number of participants ____________ Total amount enclosed: ______________________

ALABAMA A&M AND AUBURN UNIVERSITIES, AND TUSKEGEE UNIVERSITY, COUNTY GOVERNING BODIES AND USDA COOPERATING

The Alabama Cooperative Extension System offers educational programs, materials, and equal opportunity employment to all people without regard to race, color, national origin, religion, sex, age, veteran status, or disability.