



## **Teens & Tweens EmPOWERment Conference 2009**

### **ALABAMA COOPERATIVE EXTENSION SYSTEM URBAN AFFAIRS & NEW NONTRADITIONAL PROGRAMS**

The Teens & Tweens EmPOWERment Conference is a three-day event filled with fun, educational, and leadership activities for youth ages 9-19, as well as educational workshops for volunteers and group leaders. Conference workshops include internet safety, physical fitness, Youth in the Law, nutrition, youth entrepreneurship, etiquette, and more.

#### **The objectives of the Teens and Tweens EmPOWERment Conference are:**

- 1) Provide quality leadership and learning experiences for youth;
- 2) Provide the opportunities for youth to gain knowledge about college life;
- 3) Encourage the development of decision-making and problem-solving skills;
- 4) Provide opportunities for youth to develop self-esteem and social skills; and
- 5) Recognize and reward youth for their participation in TMI program.

#### **Location**

The 2009 Teens & Tweens EmPOWERment Conference will be held on Monday, June 29 – Wednesday, July 1 at Alabama A&M University, James I. Dawson Building, Normal, AL 35762.

#### **Registration**

Registration for Teens and Tweens EmPOWERment Conference 2009 is **\$75** per person, which includes lodging (A&M University Residence Hall), meals, activities, and a t-shirt. Due to prior arrangements, there will be NO ON-SITE REGISTRATION. Please make checks payable to: **Urban Extension**.

All registration forms, parental consent forms and payment are due by **Monday, June 15, 2009** and should be mailed to:

**Alabama Cooperative Extension System  
Teens & Tweens EmPOWERment Conference  
c/o Debra Scruggs  
P.O. Box 1088  
Normal, Alabama 35762**

#### **Overnight Chaperon Requirements**

ONLY Group Registrations will be received. All participants must register through an Extension Agent or an adult volunteer leader. Please contact your local county Extension office. All overnight chaperons including overnight volunteers must be pre-screened and approved by Extension program staff. For additional information, please contact Kimberly Burgess-Neloms at (256) 372-4585.

## TENTATIVE CONFERENCE SCHEDULE

MONDAY, JUNE 29, 2009	
1:00 p.m. -3:00 p.m.	<b>Registration &amp; Check-in dormitory-Ernest Knight Center</b>
3:15 p.m.-5:00 p.m.	<b>Conference Kick-Off - Featuring Ole Pete Key Inc.</b>
5:15 p.m.	<b>Dinner</b>
7:30 p.m.	<b>TMI Performance Arts Night/Fashion Revue</b>
10:00 p.m.	<b>County Meetings</b>
11:00 p.m.	<b>Lights Out/Room Check</b>

TUESDAY, JUNE 30, 2009	
7:00 a.m.	<b>Breakfast (Attire: TNT Conference T-Shirt, jeans, or khaki slacks/skirts and casual shoes)</b>
8:00 a.m.	<b>County/Group Pictures –James I. Dawson Building</b>
9:00 a.m-12 noon	<b>Youth Workshops-Youth in the Law, Health Rocks Adult Workshops- "You have to Reach them to teach them"- Internet Safety/Identity Theft-</b>
12 noon	<b>Lunch</b>
1:15-4:00 p.m.	<b>Youth Workshops- Etiquette, Youth Entrepreneurship, Marketing Your Product Adult Workshops-Mealtime Magic in Minutes, Keeping Active</b>
5:00 p.m.	<b>Dinner</b>
6:30 p.m.-7:30 p.m.	<b>Fun Fitness</b>
8:00 p.m-11:00 p.m.	<b>Dance</b>
11:30 p.m.	<b>Lights Out/Room Check</b>

WEDNESDAY, JULY 1, 2009	
7:00 a.m.	<b>Breakfast (Attire: dressy)</b>
8:30 a.m.	<b>Closing Speaker Awards Evaluation Door Prizes</b>
10:30 a.m.	<b>Check out dorm (Have a Safe Trip Home)</b>

### What to Bring to Teens & Tweens Conference

- Twin-size sheets or sleeping bag, blanket, & pillow
- Washcloths and towels
- 3-Day attire for young women: pajamas, jeans or khaki pants, sneakers, & dress clothes (dress, skirt/blouse, dress shoes) and for young men: pajamas, jeans or khaki slacks, sneakers, & dress clothes (shirt, tie, jacket, & dress shoes)
- Toiletries (soap, deodorant, toothpaste, toothbrush, hair brush and comb, etc.)
- Flashlight
- Alarm Clock(**Optional**)

**TMI**  
**Teens Making Impact**

GROUP REGISTRATION FORM

**Teens & Tweens**  
**EmPOWERment Conference 2009**

ALABAMA COOPERATIVE EXTENSION SYSTEM  
 URBAN AFFAIRS & NEW NONTRADITIONAL PROGRAMS

*This group registration form should be completed by an Extension Agent or adult volunteer leader\*\* along with parental consent forms for each youth and adult. Registration is \$75.00 PER PERSON, due by MONDAY, JUNE 15, 2009. Agents/Leaders can obtain consent forms at [www.aces.edu/urban](http://www.aces.edu/urban).*

Please print or type. Duplicate form if necessary for additional participants.

Agent/Volunteer Leader: \_\_\_\_\_ County: \_\_\_\_\_

Telephone: \_\_\_\_\_ E-mail: \_\_\_\_\_

Name of Youth Participant	Gender	Age	T-shirt Size (S/M/L/XL/XXL) add \$5.00 for 3x or larger	Youth Consent Forms (Place a / for completed form).
1.				
2.				
3.				
4.				
5.				
6.				
7.				
8.				
9.				
10.				

Name of Adult Participant	Gender	T-shirt Size (S/M/L/XL/XXL) add \$5.00 for 3x or larger
1.		
2.		
3.		

**\*\*Volunteers must be pre-screened and approved by program staff.**

**Youth Consent forms must be completed, approved and signed by parent or guardian.**

Total number of participants \_\_\_\_\_ Total amount enclosed: \_\_\_\_\_