

SUCCESSFUL *Aging*
INITIATIVE

Celebrates
Its

DECENNIAL
ANNIVERSARY



ALABAMA COOPERATIVE EXTENSION SYSTEM
URBAN AFFAIRS & NEW NONTRADITIONAL PROGRAMS



Thursday, October 13, 2011

**10th Annual
Successful
Aging Initiative**

To Register by Mail:

Successful Aging Initiative
ATTN: Mrs. Jacqueline Collier
Alabama Cooperative Extension System
P.O. Box 967
Normal, Alabama 35762

Deadline, Friday, October 7

To Register by Fax:

Fax: 256.372.5840
ATTN: Successful Aging Initiative
Deadline, Tuesday, October 11 by 5:00 p.m.

**Due to the increased number of conference attendees,
telephone registration WILL NOT be accepted.
Please, register by Tuesday, October 11, 2011.**



Alabama Cooperative Extension System
P.O. Box 967
Alabama A&M University
Normal, Alabama 35762

WWW.ACES.EDU/URBAN

The Schedule*

Thursday, October 13, 2011

Union Chapel Missionary Baptist Church
315 Winchester Road NE
Huntsville, AL 35811

**7:30 REGISTRATION/VIEW EXHIBITS/
MEMORY SCREENINGS**
(Church Vestibule)

MORNING EXERCISE & MEDITATION
(Main Sanctuary)

8:15 OPENING REMARKS
(Main Sanctuary)

CONFERENCE OVERVIEW

MINI-WORKSHOPS

(Choose one for each session)

Workshops 1 through 4 will be repeated for Session II. Please choose a different workshop for each session. Workshop 5, the "Women Only" workshop, runs through both sessions.

9:00 SESSION I

1. HEALTH & AGING
2. LAW & AGING
3. FINANCE & AGING
4. ACTIVE SENIOR LIFESTYLES
5. A MATURING VENUS WOMAN
(Women only workshop)

10:00 SESSION II

1. HEALTH & AGING
2. LAW & AGING
3. FINANCE & AGING
4. ACTIVE SENIOR LIFESTYLES
5. A MATURING VENUS WOMAN
(Women only workshop)

**10:45 MORNING BREAK/HEALTH SCREENINGS/
EXHIBITS**

11:15 GENERAL SESSION
(Main Sanctuary)

**12:30 SAI HONORS LUNCHEON &
ENTERTAINMENT**

Beacon of Light Awards

2:30 ADJOURN

* Schedule represents a tentative outline of the conference activities and invited guests.

Registration Form

Please complete & mail by Friday, October 7

PLEASE PRINT

Name _____

Address _____

City _____

State _____

Zip _____

Phone # _____

Fax # _____

Emergency Contact *(required)* _____

Phone # _____

Persons over age 80 make our VIP list. If you qualify, please let us know to receive special recognition.

VIP age: 80-89 90-99 100+



Please contact me regarding my physical requirements.

Special Meal Needs: Vegetarian Food Allergies

MINI-WORKSHOP

Session I

Session II

HEALTH & AGING

LAW & AGING

FINANCE & AGING

ACTIVE SENIOR LIFESTYLES

A MATURING VENUS WOMAN

(Women choosing to attend should check both sessions)

FREE PUBLIC EVENT

LIMITED SEATING

FREE CATERED LUNCH

HEALTH SCREENINGS

Door prizes & giveaways,

including a 10th anniversary

diamond, valued at more than \$5,000

General Questions?

Phone: (256) 372-4947; E-mail: collija@aces.edu