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Your Experts for Life

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www.acesfamilyconference.org

Alabama Cooperative Extension System
Urban Affairs & New Nontraditional Programs

2008 Annual Family Conference

Strengthening Family-Centered Communities



*Theme: Family Preparedness for Current
& Emerging Epidemics*

October 15, 2008

James I. Dawson Building Auditorium
Alabama A&M University
Normal, Alabama

October 16, 2008

Von Braun Center, North Hall
Huntsville, Alabama

Co-Sponsored by
Alpha Kappa Alpha Sorority, Inc.
Epsilon Gamma Omega Chapter

FAMILY PREPAREDNESS FOR CURRENT & EMERGING EPIDEMICS

You are invited to join your friends and colleagues at Extension's 2008 Annual Family Conference as we explore avenues to help individuals and families make wise health and financial decisions. This professional development conference offers an array of dynamic speakers, workshops, and exhibits to inspire you to develop or redesign community outreach programs that strengthen family-centered communities.

ABOUT THE CONFERENCE

The Annual Family Conference is an Extension medium to address timely issues affecting families, children, and individuals. The Family Conference combines communities and the voices of professionals in a number of fields with an interest in families and children.

2008 CONFERENCE OBJECTIVES

The objectives for 2008 are:

- To promote awareness and solutions to combat obesity, infectious diseases, and financial insecurities.
- To provide research-based educational models to enhance learning and practical applications for families and individuals.
- Promote health literacy through *ESP-Education, Sustainability, and Proactive Choices*

WHO SHOULD ATTEND?

This Conference is designed to engage family service providers such as social and case workers, family counselors, educators, health professionals, advocates, administrators, faith-based communities, the public, and Extension staff.

CONFERENCE PROGRAM

The Conference will feature engaging speakers, stimulating information and exhibits, special honored guests, and a chance to network with other family care professionals. Visit our website at www.acesfamilyconference.org for updated information.

Wednesday, October 15
James I. Dawson Building Auditorium, Alabama A&M University

Registration

12:00 – 4:30 p.m.

Session 1: Infectious Diseases

1:00 – 5:00 p.m.

It's rare to turn on the radio or television today without hearing about infectious or pandemic diseases around the world, which now includes the common cold and the flu. Here is a chance to get an update on infectious diseases that could strike without warning, and how you can help families and communities to become better prepared.

Networking Reception

5:00 – 6:30 p.m.

Thursday, October 16
Von Braun Center, North Hall

Registration

7:30 – 9:00 a.m.

Session 2: Obesity

8:00 a.m. – 12:00 p.m.

According to Trust for America's annual report *F as in Fat: How Obesity Policies are Failing in America, 2007*, Alabama has the third highest rate of obesity in the nation among adults (29.4 percent) and the eleventh highest rate of obesity among youth ages 10-17. What's even more alarming is that a public opinion poll believes that obesity is now an epidemic. Find out how you can help individuals and families combat one of America's more controllable epidemics and develop healthier lifestyles.

Distinguished Public Service Awards Luncheon

12:00 – 1:30 p.m.

The Distinguished Public Service Awards is a wonderful opportunity to enjoy a great meal, hear a dynamic speaker, and share with Extension in honoring individuals that have made significant impacts in strengthening family-centered communities across the state of Alabama.

Session 3: Financial Insecurities

1:30 – 3:30 p.m.

Good money management is considered a skill like other skills—the more you practice, the better you become in handling finances. In this session, participants will learn about identity theft, reverse mortgages, and what it takes to be financially sound as an entrepreneur. At the close of this session, participants will also engage in an interactive financial exercise with money management experts.

Registration

2008 Annual Family Conference October 15-16, 2008 Huntsville, Alabama

Name

Agency

Address

City

State

Zip

Phone #

Fax #

E-mail Address

To Register

Make check payable to: **Urban Extension**

Mail form and fee to: Mia Smith
Alabama Cooperative Extension System
P.O. Box 967
Normal, Alabama 35762
Phone: 256-372-5710
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Registration

(Fee includes reception, conference, and luncheon)

\$75 Registration

\$50 Seniors (Age 65 or over)

\$30 Student (Full-time with Student ID)

\$60 Group Rate (10 or more)

NOTE: Please use online form to register for Distinguished Public Service Awards Luncheon.

Questions?

Call 256-372-4983 or
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www.acesfamilyconference.org