## Type 2 Diabetes

can have **serious** negative effects on the body.

Eye complications
(retinopathy
and blindness)



Brain (stroke)

**Tooth care** (periodontal disease)

The majority of diabetes complications result from elevated blood sugar levels. The key treatment is to monitor and manage blood sugar levels to minimize these complications.



Heart

(high blood pressure and heart attack)

**Kidney complications** 

(nephropathy and loss of kidney function)

Nervous system neuropathy

(loss of sensitivity and feeling)

**Skin** (slow healing wound care)



Smoking (decreases the

effectiveness of insulin)

Diabetic foot care (amputations)

extension

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