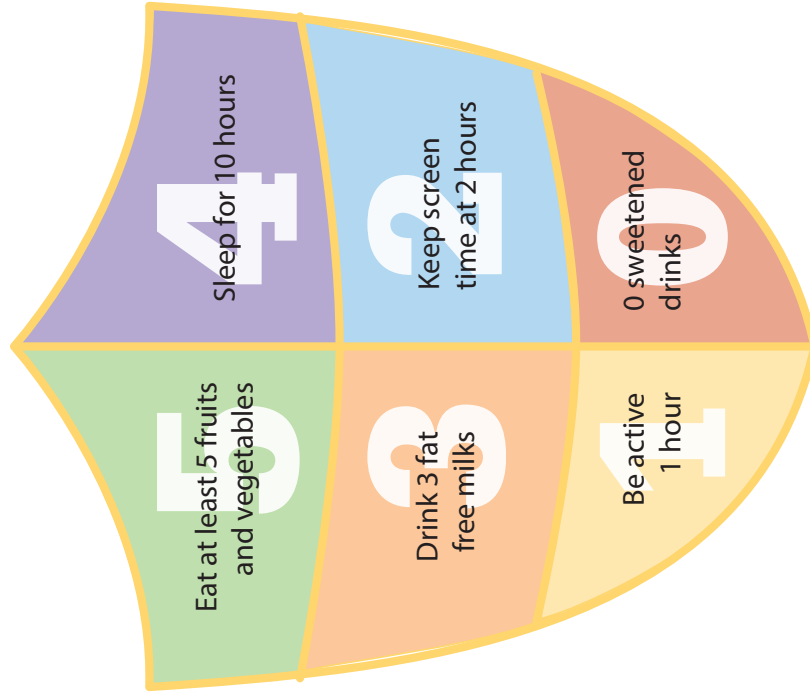


# BODY QUEST

FOOD OF THE WARRIOR



## BATTLE CRY

Heroes drink zero sweet-ened drinks.

Don't be sour – be a flower.

Get up and

Be active for one hour.

Video-ideo TV time two hours only or it's a crime.

Milk in a tree.

All fat free.

Going to drink 'em: 1 – 2 – 3.

Close your eyes!

And realize: you gotta sleep for ten.

Five jive fruits and vegetables

Five jive

fruits and vegetables

Five jive

fruits and vegetables

Now we're to the end.