



Side Dish

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Fruit Paradise

Helpful Hints

Make a change. Offer fruit as a sweet snack instead of cookies and snack cakes.

Bring this dish to a party next time it's your job to make dessert.

Try adding your favorite nuts for a nice crunch.

Fruit Paradise

Serves 8

Ingredients

- 1 can pineapple chunks
in 100% juice, 20 ounces,
drained
- 1 can mandarin oranges
in 100% juice, 15 ounces,
drained
- 1 banana, peeled and sliced
- 1½ cups grapes, seedless
- 1 cup plain yogurt

- ½ teaspoon cinnamon
- ⅓ cup unsweetened coconut
flakes (optional)

Directions

1. In medium bowl, combine all ingredients.
2. Chill and serve.