

Hello Baby Conversation

D **DIRECTIONS TO EFNEP EDUCATORS:** Within one week after the baby's due date provided on the Today's Mom All About Me form, EFNEP educators should phone each mom-to-be. In a conversational format, talk with the new mom. The goal of the phone conversation is to get answers without reading questions to the new mom.

NAME: _____

Phone Number _____

Baby's Due Date _____

PHONE ATTEMPTS TO CONTACT MOMS-TO-BE:

Phone Call	Date
1st	_____
2nd	_____
3rd	_____

D **DIRECTIONS:** Before making contact, EFNEP educator should obtain information for Questions 1-7 about the mom-to-be from the Today's Mom *All About Me* form. **Don't ask the mom-to-be again for this information.**

R Did you have your baby yet?

Lost baby Yes No

NOTE: If baby was lost, express condolences and complete your call.

YES: If yes, continue with conversation and go to question 1.

Ask baby's name.

Baby 1

Baby 2

NO: If no, talk to mom-to-be.

- How is everything going?
- How are you feeling?
- Remind mom to be patient. Every day counts for baby, and the last few weeks are very important for baby's health.
- Tell mom-to-be that you will be calling her again after the baby is born.

1	WebNEERS Participant ID _____						
2	Age _____						
3	Hispanic or Latino	<input type="checkbox"/> Yes		<input type="checkbox"/> No			
4	Race	W	B/AA	AI	A	NH/PI	
5	Last grade in school	6-12	GED	SC	G2-Y	GC	PG
6	Did mom-to-be plan to breastfeed when entering Today's Mom?	<input type="checkbox"/> Maybe		<input type="checkbox"/> Yes		<input type="checkbox"/> No	
7	Did mom-to-be smoke when entering Today's Mom?	<input type="checkbox"/> Yes		<input type="checkbox"/> No			

8	How much did <u>insert name of baby</u> weigh when he/she was born?	Baby 1 _____	Baby 2 _____
<p>NOTE: The weight of the baby needs to be listed in ounces on the Hello Baby Spreadsheet. To calculate, multiply baby's pounds by 16 (16 ounces are in a pound), and then add any additional ounces to this number. Example: Baby weighs 5 pounds 6 ounces = 5 pounds x 16 + 6 ounces = 86 ounces.</p>			
9	How many weeks pregnant were you when <u>insert name of baby</u> was born?	_____	
10	How much weight did you gain when <u>insert name of baby</u> was born?	_____	
11	Did you breastfeed when <u>insert name of baby</u> was born?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
<p>YES: If yes, go to question 12. NO: If no, go to question 15.</p>			
12	Are you still breastfeeding?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
<p>YES: If yes, go to question 13. NO: If no, go to question 14.</p>			
13	Have you fed <u>insert name of baby</u> any formula yet?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
<p>Regardless of answer, go to question 15.</p>			
14	Why did you stop breastfeeding? DON'T READ THESE RESPONSES.	<input type="checkbox"/> Sore breast	<input type="checkbox"/> Too much work
		<input type="checkbox"/> Didn't like	<input type="checkbox"/> Not enough milk
		<input type="checkbox"/> Embarrassed	<input type="checkbox"/> Other
15	Did you smoke cigarettes during your pregnancy?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
<p>YES: If yes, continue to question 16. NO: If no, Hello Baby Conversation form is complete. Make sure to thank participant for her time. Talk with participant about other Extension programs.</p>			
<p><i>When the Hello Baby Conversation is complete, enter the answers into the Hello Baby Spreadsheet.</i></p>			
16	Are you smoking now?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
<p>Hello Baby Conversation form is complete. Make sure to thank participant for her time. Be sure to talk with participant about other Extension programs. <i>When the Hello Baby Conversation form is complete, enter the answers into the Hello Baby Spreadsheet.</i></p>			



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For more information, contact your county Extension office. Visit www.aces.edu/directory.

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