

From Seed to Melon

Have you ever wondered how big or small a baby is during pregnancy? Get a sense of baby's size with these week-by-week averages.

#### Week 4

Baby is the size of a seed from a **kiwifruit**, practically microscopic.



# Week 5

Baby is the size of an **apple** seed, measuring less than 1/4 inch long.



#### Week 6 Baby is the size of **one pea**

in a **sweet pea**, measuring around  $\frac{1}{3}$  inch long.



Week 7 Baby is the size of a blueberry, measuring

around  $\frac{1}{2}$  inch long.



Week 8 Baby is the size of a grape, measuring around <sup>2</sup>/₃ inch long.



#### Week 9

Baby is the size of a **fig**, measuring around <sup>3</sup>/<sub>4</sub> inch lona.



# Week 10

Baby is the size of a strawberry, measuring around 1<sup>1</sup>/<sub>4</sub> inches long and weighing around ¼ ounce.



### Week 11

Baby is the size of a **lime**. measuring around 2 inches long and weighing around  $\frac{1}{3}$  ounce.



### Week 12

Baby is as long as a **baby** carrot, measuring around  $2\frac{1}{2}$  inches long and weighing around ½ ounce.



#### Week 13

Baby is the size of a **lemon**. measuring around 2<sup>3</sup>⁄<sub>4</sub> inches long and weighing around <sup>3</sup>/<sub>4</sub> ounce.



#### Week 14

Baby is the size of a **peach**, measuring around  $3\frac{1}{2}$  inches long and weighing around  $1\frac{1}{2}$ ounces.



#### Week 15

Baby is the size of an **apple**, measuring around 4 inches long and weighing around  $2^{1/3}$  ounces.



#### Week 16

Baby is the size of an **avacado**, measuring around 4<sup>1</sup>/<sub>2</sub> inches long and weighing around 3<sup>1</sup>/<sub>3</sub> ounces.



# Week 17

Baby is the size of a **tomato**, measuring around 5 inches long and weighing around  $5^{1/2}$  ounces.



### Week 18

Baby is the size of a **bell pepper**, measuring around 5<sup>1</sup>/<sub>2</sub> inches long and weighing around 7 ounces.



# Week 19

Baby is the size of a **mango**, measuring around 6 inches long and weighing around 8 ounces.



#### Week 20

Baby is the size of a **sweet potato**, measuring around 6<sup>1</sup>/<sub>3</sub> inches long and weighing around 10 ounces.



## Week 21

Baby is the size of a **pomegranate**, measuring around 11 inches long and weighing around 12½ ounces.



#### Week 22

Baby is as long as a **carrot**, measuring around 11 inches and weighing around 1 pound.



#### Week 23

Baby is the size of a **yellow squash**, measuring around 11<sup>1</sup>/<sub>4</sub> inches long and weighing around 1<sup>1</sup>/<sub>4</sub> pounds.



#### Week 24

Baby is as long as an ear of **corn**, measuring around 11<sup>3</sup>/<sub>4</sub> inches long and weighing around 1<sup>1</sup>/<sub>3</sub> pounds.



#### Week 25

Baby is the size of a **rutabaga**, measuring around 13½ inches long and weighing around 1½ pounds.



Baby is the size of a head of **lettuce**, measuring around 14 inches long and weighing around 1<sup>3</sup>/<sub>4</sub> pounds.



#### Week 27

Baby is the size of an **acorn squash**, measuring around 14½ inches long and weighing around 2 pounds.



#### Week 28

Baby is the size of a head of **cauliflower**, measuring around 14<sup>3</sup>/<sub>4</sub> inches long and weighing around 2<sup>1</sup>/<sub>4</sub> pounds.



#### Week 29

Baby is the size of an **eggplant**, measuring around 15 inches long and weighing around 2<sup>1</sup>⁄<sub>2</sub> pounds.



#### Week 30

Baby is the size of a **coconut**, measuring around 15<sup>3</sup>/<sub>4</sub> inches long and weighing around 3 pounds.



# Week 31

Baby is the size of a **cabbage**, measuring around  $16\frac{1}{4}$ inches long and weighing around  $3\frac{1}{3}$  pounds.



# Week 32

Baby is the size of a **pineapple**, measuring around 16¾ inches long and weighing around 3⅓ pounds.



#### Week 33 Baby is the size of a solo papaya, measuring around

17<sup>1</sup>/<sub>4</sub> inches long and

weighing around 4<sup>1</sup>/<sub>4</sub> pounds.

These are only approximate sizes. Healthy babies come in all different sizes!

# Week 34

Baby is the size of a **butternut squash**, measuring around 17<sup>3</sup>/<sub>4</sub> inches long and weighing around 4<sup>3</sup>/<sub>4</sub> pounds.



# Week 35

Baby is the size of a **cantaloupe**, measuring around 18<sup>1</sup>/<sub>4</sub> inches long and weighing around 5<sup>1</sup>/<sub>4</sub> pounds.



#### Week 36

Baby is as long as a **leek**, measuring around 18½ inches long and weighing around 5¾ pounds.



### Week 37

Baby is the size of a **honeydew melon**, measuring around 19<sup>1</sup>/<sub>4</sub> inches long and weighing around 6<sup>1</sup>/<sub>3</sub> pounds.



### Week 38

Baby is the size of a **seedless melon**, measuring around 19½ inches long and weighing around 6¾ pounds.



#### Week 39

Baby is the size of a **pumpkin**, measuring around 19<sup>3</sup>/<sub>4</sub> inches long and weighing around 7<sup>1</sup>/<sub>4</sub> pounds.



### Week 40

Baby is the size of a **watermelon**, measuring around 18 to 20 inches long and weighing around 6 to 8 pounds.





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For more information, contact your county Extension office. Visit www.aces.edu/directory.

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