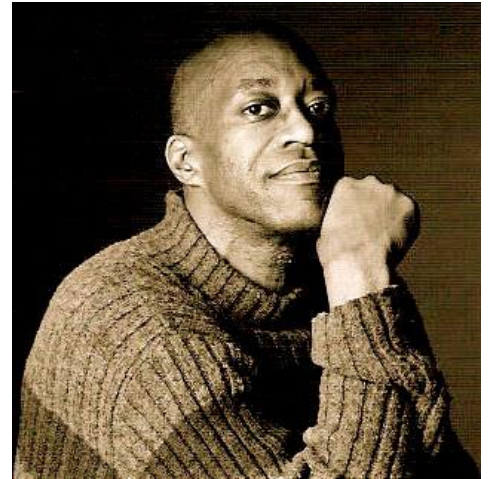


## **Olympic Gold Medalist Edwin Moses is Keynote Speaker at SAI 2018**

**September 2018, Normal, AL**—The Virginia Caples Lifelong Learning Institute, established under the technical guidance of the Alabama Cooperative Extension System, presents the seventeenth Successful Aging Initiative in Madison County on Thursday, October 18, 2018, from 8:00 a.m. to 2:30 p.m. This event will be held at Union Chapel Missionary Baptist Church, 315 Winchester Road in Huntsville, Alabama.

The theme is *Run Your Race: Live Well* and two-time Olympic gold medalist, Dr. Edwin Moses, is the keynote speaker. Dr. Moses, also a sports administrator, diplomat and businessman, is one of the most respected and recognized athletes of our time. Over a period of nine years, nine months and nine days from August 1977 until May 1987, Moses collected 122 straight victories, 107 of these were finals. He is also a recipient of the Congressional Medal of Honor, which is the highest civilian award given to American citizens.



The Successful Aging Initiative is a free one-day event that is open to the public and designed to address issues impacting Alabama's older adults. Participants obtain easy-to-understand information and resources that enable them to make informed decisions, to maintain independence, to play active roles in society, and to improve their quality of life. Older adults age 50+ and family members, caregivers, social workers, faith-based leaders, and senior service providers are highly encouraged to attend.

This year expired, unused prescription and over-the-counter medication will be collected as part of a collaborative drug take back initiative. The public is advised to make sure that personal information is removed from all prescription containers and that the pharmaceuticals are placed in a plastic bag. The Public Safety Department at Alabama Agricultural and Mechanical University and local partners will be on-site to collect the medication prior to entering the building on October 18.

Lunch will be provided to conference participants in addition to free health screenings, door prizes, and other giveaways. Visit <http://www.aces.edu/urban/sai/> to register by Tuesday, October 16. Mail-in or faxed registration forms must be received by 5:00 p.m. on Friday, October 12. No telephone registration will be accepted due to high attendance.

For general event information, please visit [www.aces.edu/urban](http://www.aces.edu/urban) or contact Jackie Collier at (256) 372-4947. For media inquiries, please contact Cándra Johnson DeBose at (256) 372-7022.