Parent-Teen Activity Series
Family Message Center

All families need to maintain an open line of communication. That’s not always easy in this busy world, so try communicating through messages.

♦ Find an unused place on a wall in your home and put up a cork board, marker board, or chalkboard to leave messages and schedules for one another.

♦ Be creative and decorate around the cork board/marker board or chalk board – themes, photographs, art work, etc. Make interesting and artful pen/pencil/chalk holders.

♦ Put up magnets that are from various locations or that represent themes and use colorful and/or uniquely shaped push pins to keep schedules and notes in place.

♦ Each family member is responsible for contributing to the formation of this message center. Try to put the message center in prominent location where everyone will see it on a regular basis.

How will this activity promote the parent-teen relationship?

This activity allows parents and teens to have an open line of communication even when they have different schedules.

This also allows parents and teens to show one another how creative they can be and get to know each other's tastes in colors, jokes, quotes, etc.

Parents and teens can use these message centers as a way of keeping up with one another (e.g., posting schedules on the board).

A point to consider . . .
Each family member is responsible for contributing to this message center. Some possible contributions...
• Jokes/quotes of the day, week, month
• Finding unique writing utensils
• Deciding upon and changing decorative themes on a weekly or monthly basis

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