

The Healthy Marriage Handbook

Strong, healthy, long-lasting marriages *don't just happen* on their own. They happen when two people are *intentional* about their marriage. Research has established that certain key elements are associated with healthy relationships and healthy marriages and they can be learned!

This colorful, 44-page resource is an educational "handbook" for a healthy marriage. It is designed to share information learned from studying healthy marriages. Helpful tips as well as additional publications, resources, and Web sites are provided in a reader friendly format. Useful in family and child programs and services. Useful in premarital and marriage enrichment programs.

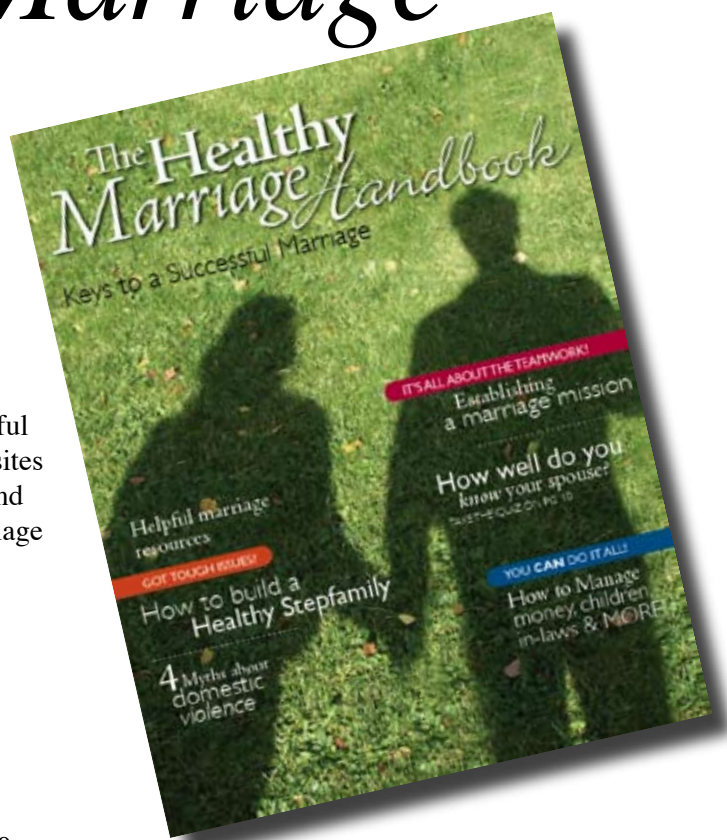
Topics covered include the following:

- **How you think and what you do**
- **Managing your money**
- **Remarriages and stepfamilies**
- **Issues that hurt relationships**
- **Domestic violence**

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