How Extension Works for Rural Alabama

More than half the citizens of Alabama live in rural areas. The health and well-being of these individuals are often compromised by unique challenges. The Alabama Cooperative Extension System is dedicated to providing research-based educational programs, training, and resources that enable people to improve their quality of life and economic well-being in Alabama's 67 counties. Extension has a proud history of helping communities and a clear vision of a healthier Alabama in the future.

Extension Programs for Better Living

The Alabama Cooperative Extension System has a staff of trained specialists and agents in the following program areas:

- Agriculture
- Economic and Community Development
- Family and Consumer Sciences
- Forestry, Wildlife, and Natural Resources
- Urban Affairs and New Nontraditional Programs
- 4-H and Youth Development

Improving the Health of Families Living in Rural Alabama

- Agromedicine Initiatives
- Cancer Prevention Education
- Chronic Disease Prevention
- Diabetes Education
- Environmental Health
- Farm Safety
- Financial Management
- Food and Nutrition Education
- Food Safety
- Healthy Homes
- Home Caregiver Training
- Leadership Development
- Obesity Initiatives
- Radon Education
- Water Quality
- Youth Development

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The Alabama Cooperative Extension System (Alabama A&M University and Auburn University) is an equal opportunity educator and employer.