Myths & Facts about Domestic Violence
The following are some myths—and the facts—about domestic violence.

Myth #1
Domestic violence does not affect many people.

Myth #2
Battering is only a momentary loss of temper.
Fact: Battering is the establishment of control and fear in a relationship through violence and other forms of abuse. The batterer uses acts of violence and a series of behaviors, including intimidation, threats, psychological abuse, isolation, and others, to coerce and control another person. The violence may not happen often, but it remains as a hidden and constant terrorizing factor. (Uniform Crime Reports, Federal Bureau of Investigation, 1990.)