

How to Make a Boiling Bag

What you need:

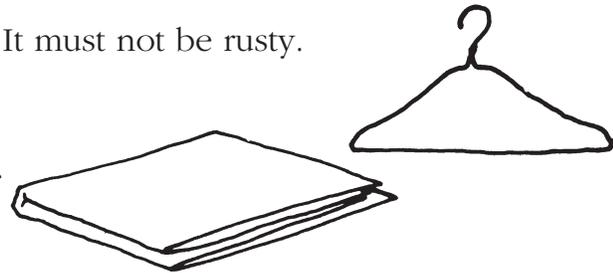
● A coat hanger. Use a clean coat hanger. It must not be rusty.

● A big piece of thin cloth.
It should be 4 times as big as this paper.

● A needle.

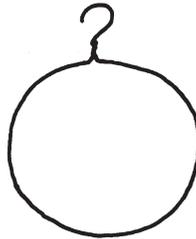
● Thread.

● Scissors.

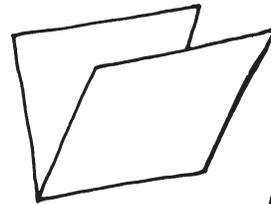


What you do:

1. Bend the coat hanger in a circle.



2. Fold the cloth so it will be wider than deep.



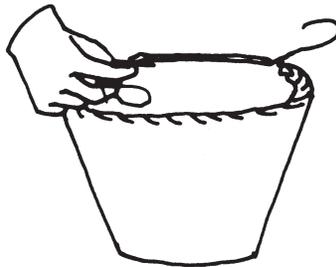
3. Cut the sides so the top is wider than the bottom.



4. Sew the sides together.



5. Sew the top to the coat hanger.



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Evelyn Crayton, *Extension Assistant Director for Family and Consumer Programs*, Professor, Nutrition and Food Science, Auburn University. Originally prepared by **Isabelle Downey**, former *Extension Home Economist—Foods and Nutrition*.

For more information, call your county Extension office. Look in your telephone directory under your county's name to find the number.

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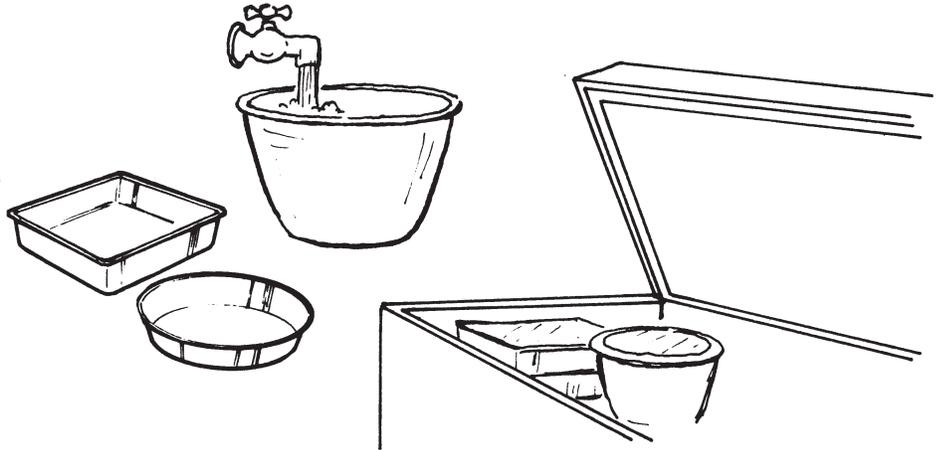
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Getting Ready to Freeze Vegetables

Do this the day before freezing vegetables.

Make a lot of ice.
This is how you make ice.

1. Put water in clean pans.
You can use plastic bowls.
Fill them almost full.
2. Put pans in freezer.



Get these things together before you wash vegetables.

What you need:

- A lot of ice
- A boiling bag
- A big pot or large boiler with a lid
- A big spoon
- A big pan or bowl
- Freezer bags or jars and lids

