

# 2013 Extension Impacts in Dallas County



## ACES

The Alabama Cooperative Extension System, the primary outreach organization for the land-grant mission of Alabama A&M University and Auburn University, delivers research-based educational programs that enable people to improve their quality of life and economic well-being.

## Close to Home

Our commitment is solidified in our ongoing support of offices in all 67 counties. These offices assure our connection to the local needs and issues of all citizens.

The Alabama Cooperative Extension System funds 5.01 FTEs (full-time equivalent employees) in **Dallas County**. These professionals deliver educational programs throughout the year. Programs are developed statewide and delivered locally in each county. Extension regularly partners with the people of Alabama to assess the educational needs in all walks of life.

## Agriculture, Forestry, Wildlife, and Natural Resources

- Dallas County farmers participating in the on-farm variety tests with soybeans, corn, and cotton saw an economic difference in yield of **\$94 per acre for corn, \$154 per acre for soybeans, and \$230 per acre for cotton.**
- With Extension educational support, **local growers sold \$37,000** in produce this year at the Dallas County Farmers Market, up from \$31,000 last year.

## Economic and Community Development

- 3,344 Dallas County **consumers were educated directly** on the Affordable Care Act; another 8,000 were reached indirectly; 1,336 were reached multiple times; and 227 individuals received assistance with the enrollment process.
- 179 people participated in the Dallas County Anti-Bullying Summit. 92 percent increased their awareness of the effects of bullying and learned ways to **reduce youth violence in their community.**

## Family and Consumer Sciences

- Diabetes education programs helped 1,632 people make **lifestyle changes, reduce medications, and increase exercise.**
- 85 percent of participants in EFNEP Cent\$ible Nutrition and Have a Healthy Baby programs showed improvement toward **positive changes in health and quality of life.**
- 84 youth completed six sessions in the Relationship Smarts program with statistically **significant increases in understanding of four areas of dating relationships.**

## 4-H and Youth Development

- 337 young people completed more than six hours of programming in the Department of Public Health's Managing Pressure Before Marriage abstinence education curriculum, with **8 out of 10 agreeing to say no to premarital sex.**
- **1,123 young people** participated in 4-H programs: Junior Master Gardener, summer camp, Kids to College, Classroom in the Forest, and Be Safe, Be Ready Disaster Preparedness.