

2013 Extension Impacts in Montgomery County



ACES

The Alabama Cooperative Extension System, the primary outreach organization for the land-grant mission of Alabama A&M University and Auburn University, delivers research-based educational programs that enable people to improve their quality of life and economic well-being.

Close to Home

Our commitment is solidified in our ongoing support of offices in all 67 counties. These offices assure our connection to the local needs and issues of all citizens.

The Alabama Cooperative Extension System funds 7.63 FTEs (full-time equivalent employees) in **Montgomery County**. These professionals deliver educational programs throughout the year. Programs are developed statewide and delivered locally in each county. Extension regularly partners with the people of Alabama to assess the educational needs in all walks of life.

Agriculture, Forestry, Wildlife, and Natural Resources

- 15 Montgomery County residents prepared to become better farm managers through Annie's Project, **a risk management education program targeting farm and ranch women**.
- 80 percent of those attending the Montgomery County Natural Resources Tour indicated an **increased knowledge of legumes**.

Economic and Community Development

- 116 members of the Capital City Master Gardeners contributed **14,134 volunteer hours equaling \$254,412** to the residents of Montgomery County and educating 67,221 people.
- More than 300 eighth graders from public schools participated in the Reality Check financial literacy simulation program **providing hands-on experience in budgeting and money management**.

Urban Affairs and New Nontraditional Programs

- 1,200 young people and adults in the SNAP-Ed, WEALTH, and Power of Choice programs learned to **stretch food dollars, eat healthy, stay in a budget, and try new recipes**.
- Through B.E.A.M. (Birding in Elmore, Autauga, and Montgomery Metropolis), 250 young people **installed and monitored nest boxes for native songbirds**.
- 200 young people participated in Health Rocks! **increasing their knowledge of the effects of drug and alcohol abuse**.
- The Successful Aging Initiative received \$10,000 in donations and in-kind contributions to address **issues affecting the growing senior population**.

Family and Consumer Sciences

- The Eat Healthy, Be Active program helped 40 participants learn about **eating healthier and putting more activity into their everyday lives**.

4-H and Youth Development

- 86 percent of Cent\$ible Nutrition and Have a Healthy Baby adults **improved nutrition behaviors**; 398 young people in Kids in the Kitchen and CATCH programs **learned to make good food choices**.
- 116 limited-resource young people and 30 public school educators participated in Classroom in the Forest where they **learned about career choices** and engaged in STEM (**Science, Technology, Engineering, and Math**) activities.