

# 2013 Extension Impacts in Cleburne County



## ACES

The Alabama Cooperative Extension System, the primary outreach organization for the land-grant mission of Alabama A&M University and Auburn University, delivers research-based educational programs that enable people to improve their quality of life and economic well-being.

## Close to Home

Our commitment is solidified in our ongoing support of offices in all 67 counties. These offices assure our connection to the local needs and issues of all citizens.

The Alabama Cooperative Extension System funds 5.13 FTEs (full-time equivalent employees) in **Cleburne County**. These professionals deliver educational programs throughout the year. Programs are developed statewide and delivered locally in each county. Extension regularly partners with the people of Alabama to assess the educational needs in all walks of life.

## Agriculture, Forestry, Wildlife, and Natural Resources-

- All fifth graders in the county participate in **Classroom in the Forest**, where they learn about **economics and environmental issues related to forestry and the timber industry**, which contributes 16.4 percent of the county's agriculture and forestry production.

## Economic and Community Development

- Leadership Cleburne County, coordinated by the county Extension office, **has trained 100 community leaders**.
- The LCC program has enabled Heflin to earn and retain Alabama Communities of Excellence certification, which helps cities **attract industry and retail businesses**.

## Family and Consumer Sciences

- Reality Check, a **money management simulation program for teens**, reached all 300 Cleburne County Middle School students. Through this exercise, 65 percent of students indicated that they were able to keep some of their simulation money in a savings account instead of spending it all.
- The Rite Bite Cooking School presented four educational sessions to help people learn to **prepare meals for diabetics**. At a cost savings of \$2,200, 5 residents received a total of 12 hours of training and more than \$150 in educational tools to aid in **making lasting lifetime changes**.
- 22 people were trained in the **ServSafe Food Safety Certification** course. Most were managers in the school lunch programs in the county schools. This certification is required by the Alabama Department of Public Health and is required for managers in the Child Nutrition Program.

## 4-H and Youth Development

- Through in-school clubs, Youth Leadership Cleburne County, and the Be Extreme Inside and Out program **655 young people were involved in 4-H** in 2013. 81 adult 4-H volunteers donated 932.5 hours to help young people develop both skills and character. The dollar value of their service is \$20,645.55.
- The Be Extreme program helps young girls learn the need for **healthy relationships** and the need to **care for their bodies**.