

Hunger Awareness Garden

Contributed by Sara Medley and Colleen McNulty
HDFS 4300 –Families and Social Policy
Auburn University

Overview

For this activity, students create a garden with informational posters. Through this project, students learn that hunger is a problem found everywhere, including in Alabama. Also through this activity, the students will learn how to get involved in helping to reduce the problem of hunger.

Goals

- To increase awareness of hunger related problems.
- To have youth engage in an activity that will help them retain the important facts about hunger and make them aware that it is an ongoing problem.
- To help youth realize that although hunger seems like such a big problem, there are ways to help.

Materials Needed

- Poster Board
- Construction Paper
- Markers
- Glue
- Scissors
- Lamination or clear contact paper for completed posters
- Hunger Facts/ list of hunger education web sites
- Pots
- Seeds and/or seedlings of herbs, vegetables and flowers.
- Soil
- Water
- Wooden sticks or hangers

Instructions

Pass out a list of websites and have the children (either during class time if have access to computers or for homework) look up facts about the hunger problem in Alabama or world wide

The following websites offer information about global and domestic

hunger:

www.fighthunger.org

www.frac.org

www.knowhunger.org

www.secondharvest.org

www.oxfamamerica.org

www.worldhunger.org

www.bread.org

www.hungertaskforce.org

www.wfp.org

1. Have students discuss the facts they learned from the websites and write these facts on a board for all to see.
2. After a variety of facts have been written, the class will discuss the facts and decide which ones they think are most important to put in the garden.
3. Pass out construction paper or poster board and have students cut out shapes that will serve as the signs they will place in the garden

or hang around the garden. If you are using pots to plant the garden/or creating an indoor garden, smaller signs to go in the pots can be cut out.

4. Ask each student or groups of students to write one fact on each of their signs.
5. To make sure the facts last for a while in the garden, it may be necessary to get them laminated or covered in clear contact paper.
6. Next glue or tape a wooden stick or hanger to the fact so it can be put in the garden.
7. Now it is time to plant the garden. Pass out seeds/seedlings to the students them plant them. These will be their plants to take care of for the year (or some specified period of time).
8. After the plants have grown, they can be sold to parents and other members of the community – the money raised can be donated to the World Food Programme or some other group working to end hunger. See the Community Service project section of the guidebook for more information about the plant sale part of the project.

**Evaluation questions
Hunger Awareness Garden**

County _____

Name of Program _____

Age: 9 10 11 12 13 14 15 16 17 18 19

____ Male

____ Female

Where I live is considered to be _____ Urban _____ Rural

Race: _____ White _____ African American _____ Hispanic

 _____ Native American _____ Asian _____ Other:

True or False:

1. Hunger only exists outside of the United States. T F
2. You have the ability to help fight hunger. T F

5 = Very Effective....1= not Very Effective:

3. How effective was the web site you used?

1 2 3 4 5

4. How effective was it to discuss the facts your classmates presented?

1 2 3 4 5

5. What are the most important things you learned from doing the Hunger Awareness Garden activity?

6. What would you like to add to the activity?