

Alabama 4-H Program Kits

Alabama 4-H offers a variety of boxed educational programs for 4-H Clubs as well as other youth educational programs across the state of Alabama. These kits are extremely versatile as well as easy to use and easy to transport.



Skins N Skulls

This kit has real animal skins from eleven different species of wildlife that are native to our area. It also includes examples of the skulls from each of the species as well. This kit comes in two boxes.

This program familiarizes youth and adults with the wildlife that is in their own backyards and also helps them to appreciate the ability of these animals to live in the woods.

Maximum Power

Maximum power focuses on three connected issues: renewable and non renewable resources, such as solar, wind, water, natural gas, petroleum, and coal power. This kit comes in two boxes.



What's Bugging You?

This is Alabama 4-H's Entomology Educational Kit. This kit contains everything you would ever need in order to instruct an entire unit on the wonderful world of insects. This kit comes in one box with everything assembled, ready to be utilized.

ATV Safety

Do many of your students/members ride or are around ATV's much? If so, they need to take part in the 4-H ATV Safety program. This kit has proper helmets, clothing, gloves, and eyewear, as well as caution cones and materials to conduct the Fit to Ride and Fit Like a Glove ATV Safety program.





Just Move Alabama is an innovative program that only Alabama has. This program was designed to help to combat the childhood obesity issue in Alabama with fun activities for young people and also a recipe deck with alternative snacks that young people will love.

Just Move Alabama: Kit 1: Jumping for Health

This particular kit is the Jump Rope For Health series that uses jumping ropes to get kids up and moving and to teach them about good nutrition and the need for a minimum of 30 minutes of physical activity each day.



Just Move Alabama: Kit 2: Frisbee, Fun, & Food

This particular kit uses Frisbees to get kids up and moving. This kit comes with everything you would need to teach an entire unit on fitness and nutrition. This kit is essentially the same as the Just Move Kit 1, only with Frisbees instead of the jump ropes being the main mode of delivering the lesson.



Just Move Alabama: Kit 3: Volley, Vitals and Vittles

This kit uses the sport of volleyball as its main source of instruction. By using beach balls instead of volley balls, this kit can be used anywhere.





4-H Robotics

The 4-H Robotics kit is a kit that teaches youth about the fundamentals of robotics, physics, and computer programming. This kit contains four sets of the LEGO MINDSTORMS robotics that enable youth to build robots either from their own designs or from designs outlined in the lesson plans. This kit also contains a laptop computer that is equipped with the software to program the robots that have been built to perform the assignments that have been made by each designer. This kit is HUGE!!!

Ham it Up!

Alabama 4-H Theatrical Improvisation Kit

The 4-H Ham it Up kit teaches youth about communicating with others, developing empathy, public speaking, and effective listening through the use of various props. This kit contains Play the Role Curriculum as well as improvisation props.



Rattle, Tap, Thump: Alabama 4-H Rhythm Kit

The 4-H Rattle, Tap, Thump kit introduces youth to various ways of learning using music. Specifically, lessons are geared around: percussion, creating musical patterns, pitch, creativity and performance. This kit contains 8 written lesson plans as well as a diverse selection of musical instruments.

Many of these kits are located in your local County Extension Office. Please remember- These items do not have to only be used in a traditional 4-H meeting. They can be used anywhere that young people ages, 9-19 are together. We desire that each of you have the equipment and resources that you need in order to do an effective job developing young people. Please use these items and share the items' availability with co-workers, friends and colleagues. They have been purchased with you in mind. If you have any questions or would like more information, please call your local County Extension Office or check us out at www.alabama4h.com.