



*Your Experts for Life*

Jefferson County Extension Office  
2121 Building, 8<sup>th</sup> Avenue North, Suite 1700  
Birmingham, AL 35203-2387  
Phone: 205-325-5342  
Fax: 205-325-5690



## *What's Happening In the Urban/Suburban Region*

Hello Everyone! Welcome to the first edition of the Urban/Suburban Regional 4-H newsletter. We hope to publish a newsletter every quarter, so if you have articles of interest, contact either Joann Wissinger ([smithem@auburn.edu](mailto:smithem@auburn.edu)) or Nancy Graves ([foxwong@auburn.edu](mailto:foxwong@auburn.edu)) with your information.



### **Local Volunteers Selected to Board of Alabama 4-H Volunteer Association**

Congratulations to Dr. Bill Garrett on being selected President-elect of the Alabama 4-H Volunteer Association. His wife, Vivian, was also selected Regional Representative for our region. We know they will represent us well in the Association!

### **2<sup>nd</sup> Annual Alabama 4-H Golf Classic**

The 2<sup>nd</sup> annual Alabama 4-H Golf Classic will be held Thursday, June 8 at FarmLinks at Pursell Farms in Sylacauga. We need to have at least one team from our region participate, so get all of your golfing buddies together and sign up for a worthy cause! For registration information, go online to [www.aces.edu](http://www.aces.edu) and click on Golf Classic Link or call (334) 844-2247.

### **4-H JR. REGIONAL CONGRESS**

North Alabama Regions 3 and 4 will host Jr. Regional Congress June 22-23 at the University of Montevallo. Information has been sent to the county Extension offices with all registration materials. So good luck at all of your county events! We hope to see you in Montevallo.

### **4-H SR. REGIONAL CONGRESS**

The Urban/Suburban Region which includes Blount, Etowah, Jefferson, Shelby and St.

Clair counties, will host Sr. Regional 4-H Congress June 2<sup>nd</sup> at the Pell City Civic Center in St. Clair County. Registration information has been sent to the County Extension Offices, so all county winners will be notified before long. For more information, contact Joann Wissinger or Nancy Graves.



## **4-H Exhibitors Compete at Alabama Jr. Livestock Expo**

Several 4-H'ers from the Urban/Suburban Region recently competed at the Alabama Jr. Livestock Expo in Montgomery. Results from the Beef Cattle Show were:

Rookie Showmanship – Champion Class 3 – Will Graves (Blount Co.)

Rookie Showmanship – Reserve Champion Class 4 – Julie Hall (Shelby Co.)

Regular Showmanship – Champion – Class 12 – Will Graves (Blount Co.)

Regular Showmanship – Champion – Class 17 – Locke St. John (St. Clair Co.)

Champion Brangus Heifer – Jamie Hall (Shelby Co.)

Champion Bred & Owned Brangus Heifer – Jamie Hall (Shelby Co.)

Reserve Champion Bred & Owned Commercial Heifer – Will Graves (Blount Co.)

Champion Hereford Steer – Locke St. John (St. Clair Co.)

Champion Bred & Owned Simmental Heifer – Will Graves (Blount Co.)

Results from the Breeding Meat Goat Show were:

Showmanship – Class 2 Champion – Madalyn Clark (Shelby Co.)

Reserve Champ 50% Boer Doe – Becky Williams (Shelby Co.)

Champion High Percentage Doe – Becky Williams (Shelby Co.)

Reserve Champ High Percentage Doe – Colton Jones (Shelby Co.)

### **4-H Bass Fishing Tournament**

Calling all volunteers! The Alabama 4-H Volunteer Association will be hosting a 4-H Bass Fishing Tournament on October 28<sup>th</sup> at Beeswax Marina. Volunteers are needed for shoreline security Friday night and Saturday morning breakfast sales at the 4-H Center. Anyone interested in assisting with this event should contact Shannon Andress at 334-750-3483 or Dr. Bill Garrett at 205-664-6168.

### **Blount County 4-Her's Meet a Revolutionary War Minuteman**

4<sup>th</sup> Grade students were treated to a visit from a Revolutionary War Minuteman at their January and February 4-H club meetings. Mr. Bud Reed has been a member of the Acton Minutemen in Acton, Massachusetts for 40 years. He talked with the 4-H'ers about the type of clothing the soldiers wore and how they had to carry everything with them they needed, including food, water, materials and tools to make ammunition. He told them about reenactments of the Boston Tea Party and battles with the British soldiers (an organization from New York). They also learned about military formations and how leadership commands were given and received. Teachers were thrilled to have this special guest at their 4-H club meeting.

Champion Purebred Doe – Colton Jones  
(Shelby Co.)



### Just Move Alabama

A team of Alabama Regional Extension Agents and Specialists have developed a curriculum of nutrition lessons and physical fitness lessons that can be adapted for use in 4-H clubs. The titles of the individual curriculum kits are as follows: Volley Vitals and Vittles, Frisbee Fun and Food and Jumping for Health. In addition to the club kits, we have a Just Move Activity Card deck that adults or youth leaders can use to plan daily physical activities with ages 9-13. The cards also contain healthy snack recipes. The Healthy Moves for Healthy Children card deck can be used with pre-school age children. Each County Extension Office has a copy of the card decks and the curriculum leaders' guides. Regional Extension 4-H Agents have the club kits in their office. Club kits contain supplies to conduct the physical activities. If you would like to reserve a club kit to use at your 4-H meeting contact Joann Wissinger or Nancy Graves. To view leaders' guides and other Just Move Alabama information, check out the website [www.aces.edu/fourh/JustMoveAL/index.php](http://www.aces.edu/fourh/JustMoveAL/index.php)

### 2006 CITIZENSHIP WASHINGTON FOCUS TRIP

Alabama's "4-H Citizenship-Washington Focus" (CWF) trip is June 4-10, 2006. 4-H CWF is a long-standing leadership program, conducted by the National 4-H Council for youth age 15-19. 4-H CWF is open to all interested Alabama 4-Hers. This program is an excellent way to "spark" an awareness of citizenship and leadership in participants. This six-day program is based at the National 4-H Conference Center, just outside Washington, DC. The program is a wonderful "hands-on" opportunity for Alabama youth to learn and practice skills that promote "Better Citizens Today, Better Leaders Tomorrow". The "jam-packed", intensive experience includes: field trips, meetings on Capitol Hill with their U.S. Congressmen, workshops, committees and social events.

Twenty-seven (27) Alabama youth will be selected based on the application process, and the cost to each Delegate this year is \$200.00. For a copy of the application and more information, check the web site, [www.aces.edu/~sandress/temp/](http://www.aces.edu/~sandress/temp/) Applications are due to Shannon Address by April 28, 2006.

### 2006 4-H Air Rifle, Archery & BB Gun Championship

Congratulations to all of the competitors at this year's 4-H Air Rifle, Archery, and BB Gun Championship held on March 18 at the 4-H Center. The caliber of competition was high, and the observers and Range Officers were impressed with the 4-Hers' level of concentration during the matches. Many 4-H'ers shot their personal bests.

Thanks go to all of our volunteers who helped to make the matches run smoothly. There is no way these matches could have been held without you.

Results of the competitions are as follows:

#### Senior Air Rifle Team

1. Shelby County
2. Jefferson County
3. Fayette County

#### Senior Air Rifle Individual

1. Brian Carstenson, Shelby County
2. Kayla Allen, Shelby County
3. Rachel Smith, Shelby County

#### \*Senior BB Gun Team

1. Shelby County
2. Limestone County
3. Washington County

#### \*Senior BB Gun Individuals

1. Eric Bearss, Shelby County
2. Connor Harbin, Shelby County
3. Paul Strickland, Washington County

#### Archery Senior Open Compound Bow

1. Caleb Aldridge, Fayette County
- #### Archery Junior Open Compound Bow
1. Roy Smith, Shelby County

#### Archery Junior Compound Bow

1. Chase Stuckey, Monroe County

## 2. John Nall, Monroe County

### Junior Air Rifle Team

1. Shelby County
2. Jefferson County
3. Fayette County

### Junior Air Rifle Individual

1. Eric Bearss, Shelby County
2. Jonathan Richardson, Shelby County
3. Connor Pierce, Jefferson County

### \*Junior BB Gun Team

1. Shelby County
2. Limestone County
3. Washington County

### \*Junior BB Gun Individuals

1. Jonathan Richardson, Shelby County
2. Andy Braxton, Shelby County
3. Alicia Richardson, Shelby County

\*BB age divisions comply with Jaycee rules:  
Junior = 9-12 years old & Senior = 13-15 years old.

## **ALABAMA 4-H ACHIEVEMENT PROGRAM**

The purpose of the Alabama 4-H Achievement Program is to identify Alabama 4-H Youth Development members who have excelled with regard to career achievement in one of the 14 Achievement areas in Alabama 4-H. The application can be downloaded from the 4-H web site [www.aces.edu/fourh/](http://www.aces.edu/fourh/)

Please follow all guidelines in the application. All entries must be in the office of Betty Gottler, Regional Extension Agent 4-H, Morgan County Extension Office, P. O. Box 98, Hartselle, AL 35640 before **May 1, 2006.**

### **Upcoming Dates to Remember**

#### **April 28, 2006**

CWF Applications due to Shannon Andress

#### **May 1, 2006**

Achievement Portfolios due to Betty Gottler in Morgan County (she must receive by May 1)

#### **June 2, 2006**

Senior 4-H Regional Congress for Urban-Suburban Region – Pell City Civic Center

Urban-Suburban Regional 4-H Council/Volunteer Meeting – Pell City Civic Center

#### **June 1 – 2, 2006**

4-H Forestry Judging – 4-H Center

#### **June 4 – 10, 2006**

4-H CWF Trip

#### **June 8, 2006**

4-H Golf Classic – FarmLinks

#### **June 14 – 16, 2006**

Urban -Suburban Region 4-H Camp – 4-H Center

#### **June 15, 2006**

County Winners in Dairy Posters due to State

#### **June 20 – 21, 2006**

Wildlife Judging – Auburn, AL

#### **June 22 – 23, 2006**

Junior Regional 4-H Congress Urban-Suburban/Bankhead Regions – University of Montevallo

#### **June 26 – 28, 2006**

State 4-H Congress & Leadership Event – Auburn University

#### **July 10 – 14, 2006**

State 4-H Horse Show, Montgomery, AL

#### **July 20 – 21, 2006**

State 4-H Animal Science Events, Auburn University

**For other state events check the 4-H Calendar on the 4-H web site [www.aces.edu/fourh/](http://www.aces.edu/fourh/)**

**Respectfully submitted,**

**Joann Smith Wissinger  
Regional Extension Agent 4-H**

**Nancy Graves  
Regional Extension Agent 4-H**