



## Chicken Q For Junior 4-H



Do you like to cook? Well, Chicken Q is just for you!

### Chicken Q has some Rules:

- You'll be scored on your barbecue skills and how your chicken tastes and looks
- You will prepare four chicken halves provided by 4-H.
- There will be a 3-hour time limit on the preparation of the chicken.
- Contestants will bring their own charcoal and lighter fuel. Self-starting charcoal or chimneys will be permitted for Juniors.
- You provide everything else, including sauce. You can use store-bought sauce or prepare your own recipe (recipe must be provided to judges). You may use a meat thermometer. Grill lids or grill covers will be permitted. Commercial devices for covering of meat during cooking will

not be permitted; only aluminum foil wrap may be used. Remember browning is a part of the sensory score sheet.

- The chicken will not be available to you prior to the contest starting time.
- Chicken cannot be marinated prior to start of the contest.
- You may not inject fluid or sauce into the chicken.
- Chicken halves may not be placed in baskets to aid in turning.
- You will present two barbecued chicken halves to judges on plates provided. Although appearance of the chicken is important, garnishes are not permitted on plates submitted to the judges.
- The judges should not know your name or county.
- You will work alone, except for setting up for the demonstration or in case of an emergency.
- A record of practices and recipes must be provided.
- Participants will be allowed 30 minute time period to set up equipment, prepare charcoal, etc. prior to the event.

### Something to Think About

Can you use what you have learned to help others? Service to others is an important part of 4-H.



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