



Wheel of Hunger

An activity which teaches youth about programs aimed at fighting hunger

Age range: Elementary, Middle & High School

Overview

Played like *Wheel of Fortune*, this activity helps students learn about local and national programs that help to fight hunger.

Materials

- Flip Chart, Poster Board, Chalk Board or Dry Erase Board (for score keeping)
- Flip Chart, Posters Board, or Giant Post-Its (to create the Wheel of Hunger “Walls” that reveal the word or phrases. The facilitator will write in the correct letters as they are guessing)
- Heavy poster board or foam board to create the Wheel of Hunger
- Small prizes to give to the winning team

Preparation of Wheel

- Cut out the wheel from the heavy poster board or foam board.
- Divide it into 8 “pie-like” sections and label the sections as follows 500, 400, 300, 200, 300, 400, 500, Bankrupt.
- Attach the wheel to a wooden post with a nail in the center. Have a small bit of post sticking up at the top to use as the marking point for the value the wheel has stopped on after it has been spun.

Preparation of the Wall

- Put up pieces of paper with one paper for each letter of the puzzle. (For example, if the puzzle is “End Hunger”, you would put up nine pieces of paper, three together for STOP, six for HUNGER)





Instructions

1. Break the group into three teams.
2. The facilitator spins the wheel to determine how much each letter will be worth when guessed.
3. Vowels may be bought for 100 points, all other correct letters will be worth the amount shown on the wheel by the indicator.
4. Allow each of the teams to guess one letter of the puzzle. If it is correct, write it on the papers on the Wheel of Hunger wall. That team may guess the puzzle.
5. The team that correctly guesses the word or phrase first will be the first team to spin the wheel and begin the game.
6. The teams take turns spinning the wheel and guessing a letter to try and solve the puzzle
7. The team that correctly solves the puzzle first will win the round.
8. After solving the puzzle, the score keeper will read a fact about the answer to the puzzle to better the children's knowledge about hunger.
9. The team that has the most points when all of the terms have been guessed is the winner!
10. Prizes will be distributed to winning team at the end of the game. Consolation prizes should be given to members of the non-winning teams.





Wheel of Hunger Information:

The words in bold will be the clue that is solved by guessing a letter. Once a team solves the whole puzzle, the scorekeeper will read the entire passage that explains the program or fact.

1. **Brown Bag Program:** The Brown Bag Program provides supplementary groceries to more than 400 seniors each month. For \$100 annually, individuals, groups and businesses can underwrite the food needs for a senior citizen through this program.
2. **Fighting Hunger. Feeding Hope.** (Slogan for the East AL Food Bank)
3. **The Community Garden** is a project to help enhance the food supply of low-income persons. On land provided by Auburn University and The Alabama Agricultural Experiment Station, the Food Bank of East Alabama is growing produce that will be distributed to people in need through emergency food pantries, senior centers, day cares, and other member agencies served by the Food Bank.
4. **Baby Manna Program:** A partnership with the Junior League of Lee County ensures that our Baby Manna cupboards are stocked with baby food, formula, cereal, diapers and related items. Through this effort, more than 500 infants—mainly those whose ability to thrive is threatened, or those with special dietary needs—were assisted last year.
5. **America's Second Harvest Network** of over 200 food banks and food rescue organizations distributed nearly 2 billions pounds of food and grocery products in 2005.
6. **The Backpack Program** concept was developed at the Arkansas Rice Depot in Little Rock after a school nurse asked for help because hungry students were coming to her with stomachaches and dizziness. The local food bank began to provide the schoolchildren with groceries in nondescript backpacks to carry home.
7. The Food Bank has converted a beer truck into a **Mobile Food Pantry** for a creative method of distribution that serves people directly from the vehicle. This “moveable food pantry” helps to by-pass many of the limitations of storage space and lack of refrigeration and can go directly to the areas of need.
8. **Food Stamps Program** over 12% of Alabama citizens receive help from the FSP. The benefit level equates to 79 cents per meal.
9. **The Community Market** is a program of the Food Bank of East Alabama, that provides a friendly, grocery store environment for Lee County families in need. Individuals “shop” for the items they need, rather than receiving pre-filled, generic bags or boxes.
10. **Stop Hunger Now** is a non-profit, international relief organization committed to ending hunger worldwide. Stop Hunger Now leads ongoing efforts to feed the hungry around the world by providing direct emergency food and other life-saving aid to crisis areas. Established in 1998 and headquartered in Raleigh, NC, Stop Hunger Now has provided over \$100 million of aid to more than 55 countries. Stop Hunger Now working together to end world hunger.

