



MOOOOO Jeopardy

Purpose To identify different foods in the Milk, Yogurt and Cheese group

Supplies

- MOOOOO Jeopardy Game Board made with poster board and game cards (see drawing below)
- MOOOOO Jeopardy Game Cards

What to say

There are lots of different foods in the Milk Group (name some of the foods - milk - skim, 1%, 2%, whole; yogurt; cheese; ice cream; frozen yogurt; etc.) We need to eat food from this group every day. *Where is the Milk Group on the Food Guide Pyramid?* (It's farther up on the pyramid than fruits and vegetables and bread.) *What does it's location tell you?* (We don't need to eat as many servings from the Meat and Milk Groups as we need from Fruit, Vegetable and Bread Groups. The Food Guide Pyramid recommends 2 - 3 servings from the Milk Group every day. Teenagers need 3 servings every day.) Today let's play Jeopardy and learn about some foods in the Milk, Yogurt and Cheese Group

What to do

1. Make a game board with poster board and the game cards. Tape cards to the poster board in this order:

Foods that are made from milk	Great snacks	Different kinds of milk	Kinds of cheese
40	40	40	40
30	30	30	30
20	20	20	20
10	10	10	10

2. Ask for a volunteer game leader. Divide the kids into two teams by counting off milk, cheese, milk, cheese, etc. The teams have to choose one person to be their captain . . . this person will give the answers for the team. Discuss the game rules and make sure everyone understands them.
3. The main rule of this game is that the team members have to work together to choose the category and answer the question. If one team gives a wrong answer, the other team gets a chance to answer for those points. If neither team gets the correct answer, the game leader gives the correct answer and goes on.
4. Begin the game by flipping a coin to see which team goes first.
5. Play until all of the questions have been answered. The teams can keep score if they want to, but declare everyone a winner!

Kids like playing this game! If you have time, let them write additional questions for the next time you play. You can also make a set of questions the kids to take home and play with family members.



For mixed ages be sure to mix groups with younger kids in each. Younger kids need specific and simple instructions. Older kids can help them. Younger kids may get bored if the game goes on too long.

MOOOOO Jeopardy Answers

Foods that are made from milk

- 10 It's frozen and served in a cone *Ice cream*
- 20 This is a favorite twosome - it has a pasta and . . . *Macaroni and Cheese*
- 30 A slice of this has cheese bubbles when it is baked. *Pizza*
- 40 This food has a crunchy shell and comes with lettuce, meat or beans and cheese. *Taco*

Great snacks

- 10 A snack that's healthy and you can "string along." *String Cheese*
- 20 Sometimes this snack comes plain or sometimes it has fruit in it. *Yogurt.*
- 30 Cool and refreshing, that's what this drink is. *Milk*
- 40 This is frozen and lowfat. *Frozen yogurt.*

Different kinds of milk

- 10 This kind of milk is "all together." *Whole*
- 20 Drink this milk warm - it has a color and is a favorite. *Cocoa*
- 30 This milk is lowfat. *1% or 2%*
- 40 This kind of milk has lost all of it's fat. *Skim*

Kinds of cheese

- 10 This cheese is patriotic. *American*
- 20 This cheese is moldy and it's name is a color. *Blue*
- 30 This is the stringy kind that's lowfat and good! *Mozzarella*
- 40 A cheese that's full of holes and it's name is European. *Swiss*

Foods That Are Made From Milk 10	Foods That Are Made From Milk 20
Foods That Are Made From Milk 30	Foods That Are Made From Milk 40
Great Snacks 10	Great Snacks 20
Great Snacks 30	Great Snacks 40
Different Kinds of Milk 10	Different Kinds of Milk 20
Different Kinds of Milk 30	Different Kinds of Milk 40
Kinds of Cheese 10	Kinds of Cheese 20
Kinds of Cheese 30	Kinds of Cheese 40

Issued in furtherance of Cooperative Extension work in agriculture and home economics, Acts of May 8 and June 30, 1914, and other related areas, in cooperation with the U.S. Department of Agriculture. The Alabama Cooperative Extension System, Auburn University and Alabama A&M University, offers educational programs, materials, and equal opportunity employment to all people without regard to race, color, national origin, religion, sex, age, veteran status, or disability.

It's frozen and served in a cone.	This is a favorite twosome - it has a pasta and . . .
A slice of this has cheese bubbles when it is baked.	This food has a crunchy shell and comes with lettuce, meat or beans and cheese.
A snack that's healthy and you can "string along."	Sometimes this snack comes plain or sometimes it has fruit in it.
Cool and refreshing, that's what this drink is.	This is frozen and lowfat.
This kind of milk is "all together."	Drink this milk warm - it has a color and is a favorite.
This milk is lowfat.	This kind of milk has lost all of it's fat.
This cheese is patriotic.	This cheese is moldy and it's name is a color.
This is the stringy kind that's lowfat and good!	A cheese that's full of holes and it's name is European

Issued in furtherance of Cooperative Extension work in agriculture and home economics, Acts of May 8 and June 30, 1914, and other related areas, in cooperation with the U.S. Department of Agriculture. The Alabama Cooperative Extension System, Auburn University and Alabama A&M University, offers educational programs, materials, and equal opportunity employment to all people without regard to race, color, national origin, religion, sex, age, veteran status, or disability.