



Color MyPyramid



Eat Right. Exercise. Have Fun.
MyPyramid.gov

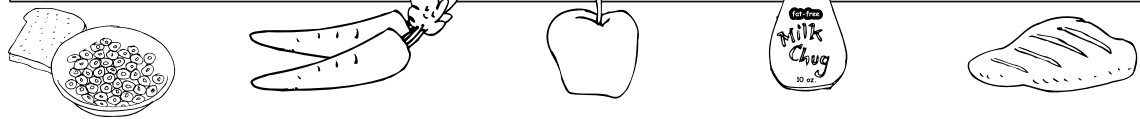
Color MyPyramid! Use the chart below to guide your color choices.

Grains	Orange
Vegetables	Green
Fruits	Red
Oils	Yellow
Milk	Blue
Meat & Beans	Purple



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← Write in the food group names here



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