

Walk or Run for Hunger

Purpose:

Walks or 5-Ks are a great opportunity to get some physical activity while raising awareness about hunger issues around the globe and in the community. They are also good to raise a few bucks for the cause!

Description:

Organizing a walk or 5-k requires a lot of logistical planning and people power. The amount of time and effort really depends on the size of the crowd you are expecting. The size of the crowd usually depends on the amount of advertising and word-of-mouth about the event. For more information on how to organize a walk go to:

http://www.ehow.com/how_135566_organize-charity-walk.html

Hunger related walks:

- Fight hunger, Walk the World (May). www.fighthunger.org
- The Foodshare Walk Against Hunger (May). www.foodshare.org