

Souper Bowl of Caring

Visit www.souperbowl.org to find out more about the Souper Bowl of Caring. The mission of the Souper Bowl of Caring is to utilize “Super Bowl weekend to mobilize youth to fight hunger and poverty in their local communities.” Join thousands of other youth and adults across the country in an extra effort the week leading up to Super Bowl Sunday. Plan an event, get the word out, and donate proceeds to the charity of your choice. Register online to keep track of the efforts youth are making. The website, www.souperbowl.org has tons of resources and ideas to get you started, get the community involved, and keep you going.

Variations

- Add a “Service Blitz” on the Saturday before the big game (or even the week leading up to the big game)!
- Rather than skipping a meal, youth can have a meal of a bowl of soup, bread, and water. Why?
 - Because it is enough
 - Because most people in the world survive on less
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