

# Hunger Cookbook Activity

Most people buy cookbooks for the yummy recipes and to learn new cooking techniques. The Hunger Cookbook Activity is a way to educate students and the community on global hunger. For this community service activity, first have students do the educational Hunger Cookbook activity (see Educational Activities section of the facilitator's guide). Each student selects a country and finds several recipes from that country. Along with finding recipes, students should also research the issues related to hunger that are affecting their country (ex: war, famine, drought, unemployment, etc.). Each country should be put into a separate section in the cookbook. Students will be asked to make a cover page that creatively displays the hunger facts they have found for their country.

Once the cookbook is completed, students can sell their cookbooks to parents and other family members and friends. Proceeds can be donated to national/international programs designed to fight hunger.

\*When selling cookbooks remember to include the source for each recipe (e.g., cookbook, website URL).

## **Variations**

- Students can create a section in the class cookbook for local hunger facts and recipes.
- Along with information about hunger related issues, students can also incorporate interesting or fun facts from the country they worked on for the cookbook.
- Copies of the cookbook can be sold to raise money for local food banks.