

# More Pizza Please

An easy way for your child to learn good manners is by watching other people, like you. At home, you can help your child with manners by using these fun ideas.

1. **Food Fight** is a silly poem. It will help you talk to your child about table manners.
2. You and your child can have fun making **Little Pizzas**. They are good for you and taste good too. Enjoy.
3. **Slice Them Up** is a game. It will show who has the best manners. Good luck.

## Food Fight

Help your child use each word in the word bank to finish the poem. Talk to your child about good table manners.

### Word Bank

right	bean
throw	peas

Food fight, food fight  
We know it is not \_\_\_\_\_.  
When someone says go,  
We will \_\_\_\_\_.  
No one says please,  
We throw our \_\_\_\_\_.  
But in the end, we must clean,  
Until we have found every \_\_\_\_\_.

## Little Pizzas

4 servings

4	English muffins, split
1 small can	tomato paste
2 cups	cheese, shredded

1. Set oven to 350°.
2. Place each muffin half on baking pan.
3. Toast in oven about 10 minutes or until light brown.
4. Spread 1 tablespoon tomato paste on each muffin.
5. Put 2 tablespoons cheese on each muffin.
6. Bake about 5 minutes until cheese melts.

## Need More Food?

Food Stamps helps single people and families with little or no income to buy food. Look in the U.S. Government pages of the phone book. You can find Food Stamps under "social services department" or "human services department."

## Need a Food Expert?

For free information about food, call 1-800-480-MEAL. Experts with the Alabama Cooperative Extension System can help you. You also can visit your local Extension office. Look under your county section of the phone book for the Alabama Cooperative Extension office.

# Slice Them Up

Help your child use good table manners by playing this game. You need two colored markers, one for you and one for your child. As you do what a pizza slice says, put an X over the slice with your color. As your child does what a pizza slice says, let your child put an X over the slice with his color. At the end of the day, the person with the most pizza slices crossed out is the winner. This person had the best table manners for the day. Play it again the next day.

