



Lee Ann Clark
County Extension Coordinator
News Release

SENIORS TEACHING SENIORS

These challenging economic times have been difficult for so many people and senior citizens are not exempt. An increasing number of seniors are finding themselves in need of returning to work after having been retired for so long, just to make ends meet. This is not met without its challenges, though. The dawning of the computer age was virtually non-existent when many of our seniors were employed, now computers are everywhere, creating a barrier to employment for many people.

The Middle Alabama Area Agency on Aging (M4A), through its Senior Community Service Employment Program (SCSEP), has partnered with the St. Clair County Extension office to provide an opportunity for seniors to learn to use the computer free of charge in a self paced, welcoming environment by a senior aged peer coach. The program, called Digital Inclusion Initiative, is available to St. Clair County residents at the St. Clair County Extension office, located in the St. Clair County County Courthouse in Pell City, Suite 103.

SCSEP Coordinator, Sheila Baker, states, "This program teaches seniors how to research information, how to set up an e-mail address and possibly reconnect with old friends or family members virtually. Learning these skills opens up several new doors for our seniors."

To schedule an appointment or to learn more about this program, interested seniors should call the St. Clair County Extension office at (205) 338-9416.

The Middle Alabama Area Agency on Aging (M4A) is one of 13 Area Agencies on Aging in the state of Alabama. Funded through the Alabama Department of Senior Services, federal grants and local funds, M4A works to provide services and advocacy to seniors and their caregivers through guidance of the Older Americans Act.