



Ruth Brock
Regional Extension Agent
News Release

Planning for Long-Term Care

No one wants to think about a time when he/she might need long-term care. Many times planning for this possibility is delayed. Many people first learn about long-term care when they or a loved one need care. When this happens, options are often limited by lack of information, the immediate need for services, and insufficient resources to pay for preferred services. Planning allows more control over our future. If you are interested in learning how to plan for this important stage of your life, plan to attend the following seminar:

Long-Term Care Planning Seminar from a Family's Perspective

Date and time: October 2nd from 6:00 pm - 7:30 pm

Location: Jeff State Community College, Pell City Campus, Room 105
500 College Drive
Pell City, AL

By attending this informative seminar, you will learn about:

- Medicare and Medicaid
- Understanding the costs associated with long-term care
- Sorting out your goals and expectations
- Understanding financing alternatives and consequences and more

To pre-register, call the St. Clair County Extension office at (205) 338-9416 or call St. Clair County Community Education at (205) 629-7105. For more information, call Ruth Brock, Regional Extension Agent at (205) 612-4066, or e-mail brockru@aces.edu

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