



Lee Ann Clark
County Extension Coordinator
News Release

St. Clair County Health Fair Will Offer Free Screenings

The St. Clair County Extension Resource Health Council will host their annual health fair on Friday, October 28th from 9 a.m. to 3 p.m. at the Pell City Civic Center. The fair is FREE and open to the public. This year's theme is "Don't Clown Around with Your Health." The Magic Town clowns will be on hand to offer free face painting and balloon animals for the kids.

The following screenings will be offered this year at no charge: cholesterol; blood pressure; blood glucose; vision; body mass index (BMI); depression; and chiropractic. The Alabama Department of Public Health (ADPH) will also administer flu shots. The cost is \$5 per person or free to those covered by Medicaid or Medicare (please bring your card).

The health fair is designed to increase awareness and promote healthy lifestyles throughout the community. Organizations from across the St. Clair County and surrounding areas will provide educational information in an effort to help residents become better acquainted with the health care resources in their area.

Entertainment will be provided and door prizes will be given away throughout the day.

For more information, please contact Lee Ann Clark, County Extension Coordinator, at the St. Clair County Extension Office at (205) 338-9416 or email clarkla@aces.edu.