



Lee Ann Clark
County Extension Coordinator
News Release

Register Now for St. Clair County Health Fair

The St. Clair County Extension Health Council will host their annual health fair on Friday, November 5th from 9 a.m. to 4 p.m. at the Pell City Civic Center. This year's theme is "Guard Your Health."

The health fair, which is free and open to the public, is designed to increase awareness and promote healthy lifestyles throughout the community. Organizations from across the St. Clair County area will provide free educational information in an effort to help residents become better acquainted with the health care resources in their area. Health care providers will also be on hand to provide low-cost and free health screenings, including free cholesterol, blood pressure and glucose screenings among others. The Alabama Department of Health will be on hand to offer flu shots this year. The cost is \$5. The shot is free for those who have Medicare or Medicaid and bring their card.

There are two ways that you and your company/organization may participate in this year's event:

- 1) **Corporate Sponsorship**—provides a monetary donation to cover expenses of the fair, including advertisement. Sponsors will be promoted prior to and during the fair in various advertisements, flyers and public relations articles. The levels of sponsorship are **GOLD--\$100 and SILVER--\$50.**
- 2) **Vendor Booth**—subject to review and approval by the Health Resource Council based on space needs, type of service and space available. Each vendor will only be allowed one 6-foot table, which will be provided. Also, each vendor is required to provide a door prize valued at \$25 or more in lieu of a registration fee. Door prizes should be brought the day of the event. Due to limited space, only the first 80 who register will be able to participate. Participation on more than one level is encouraged.

Interested participants must complete a registration form available at the St. Clair County Extension office, located on the lower level of the St. Clair County Courthouse in Pell City, Suite 103/B04 or online at www.aces.edu/StClair, or by calling (205) 338-9416.

Registration deadline is Friday, October 15, 2010.

For more information about the health fair please contact Lee Ann Clark, County Extension Coordinator with the St. Clair County Extension Office, at (205) 338-9416 or email clarkla@aces.edu.