



Lee Ann Clark
County Extension Coordinator
News Release

St. Clair County Health Fair Scheduled for October 28th

The St. Clair County Extension Resource Health Council will host their annual health fair on Friday, October 28th from 9 a.m. to 3 p.m. at the Pell City Civic Center. This year's theme is "Don't Clown Around with Your Health." The health fair is FREE and open to the public.

The health fair is designed to increase awareness and promote healthy lifestyles throughout the community. Organizations from across the St. Clair County and surrounding areas will provide educational information in an effort to help residents become better acquainted with the health care resources in their area.

The Alabama Department of Public Health (ADPH) will be on hand to administer flu shots. The cost is \$5 per person or free to those covered by Medicaid or Medicare (please bring your card). St. Vincent's Hospital will be on hand to offer free cholesterol and blood glucose checks again this year. Other free screenings will also be available.

Entertainment will be provided throughout the day and door prizes will be given away throughout the day.

To participate or for more information, please contact Lee Ann Clark, County Extension Coordinator, at the St. Clair County Extension Office at (205) 338-9416 or email clarkla@aces.edu. Registration forms are available for download by visiting the St. Clair County Extension office website at www.aces.edu/StClair.