



Shelby County 4-H Newsletter

4-H County Contests

February 2011

January 13, 2011, Shelby County 4-H held its annual county contests at the Shelby County Extension Office in Columbiana. We had wonderful participation of about 21 youth! There were some great speeches, creative story telling, and skillfully put together exhibits. Each 4-H member did a great job and we're proud of their accomplishments!



"Some people come into our lives and quickly go. Some stay for a while, leave footprints on our hearts, and we are never, ever the same." ~Flavia Weedn,



4-H is a **community** of **young people** across **America** who are learning **leadership, citizenship** and **life skills.**

Radon Poster Winner

Miss Shelby Strong's Radon poster was chosen as the county and state poster winner! She did a fantastic job of conveying the danger and effects of Radon Gas.

What is Radon?

Radon is a radioactive gas that cannot be seen, smelled, or tasted and is found naturally around the country. It is the 2nd leading cause of lung cancer after smoking! Your home can be tested!

Test kits are free at the County Extension Office.



April County Contests

When: Saturday, April 7, 2011

Start Time: 6:00 PM

Chicken Que will begin at 5:00 PM

Where: Shelby County Extension Office

Deadline to sign up: March 31, 2011

Contest Rules and Guideline:

www.aces.edu/fourh/programs/contest.php

Events:

\$15 Challenge

Chef 4-H

Chicken Que

Healthy Living

Project Green Thumb

Freestyle Demonstration

Freestyle Showcase

The World I See

The World I Imagine

4-H Wall of Fame



Bill and Vivian Garret, Shelby County 4-H Volunteer Leaders, were inducted into the 2010 4-H Wall of Fame. Everyone who is a part of the Shelby County 4-H Program is proud that Bill and Vivian were honored for their hard work and are thankful for the continued support they give 4-H in Shelby County and Alabama!



Norman and Sonya Lefkovits 4-H Citizenship Award

Applications for the Norman and Sonya Lefkovits Citizenship Award are now available through the Extension Office or the county 4-H web page. This will be the fifth year that the \$1,000 award is given to an outstanding 4-H member. This award was set up in 2007 by Mrs. Marsha Lefkovits in celebration of her 50th birthday. She was an active 4-H member in Shelby County and she

wanted to give back to the organization that gave so much to her. She set up this fund in memory of her father Norman and in honor of her mother Sonya Lefkovits.

Scholarship Requirements:

Must be a Shelby County 4-H member at the time of the application.

Must be a High School Junior or Senior at the time application is completed.

Once individual wins award, they are not eligible for re-application.

Application deadline is March 31.



Fun Times at Elvin Hill Elementary

February 16, 2011, Elvin Hill Elementary 4-H members made keep sake 4-H photo frames. The four 4th grade classes who participated this year in 4-H have truly been great groups to work with. They have done activities such as Just Move, Farm City, proper hand washing, Ham It Up, created Christmas Cards for the local nursing home and will be enjoying the Mobile Dairy Classroom in March. I really appreciate the four teachers who have allowed 4-H programming in their class rooms. Thank you Mrs. Milstead, Mrs. Woods, Mrs. Brewer, and Mrs. Letcher.



Important 4-H Dates!

March 3—Stargazing, Montevallo @ 7:15 p.m.

March 21—Regional Council Meeting, Calera Library

March 31—Lefkovits 4-H Citizenship Award Applications Due

April 7—Spring County Contests Register by March 31st

April 15—Dairy Posters Due

April 16—Cahaba River Clean Up

May 6—4-H Awards Banquet @ Cahaba Christian Academy

June 8-10—4-H Summer Camp

Contact Joy Maxwell for more info.





Promoting 4-H in the Montevallo Christmas Parade

Spreading Holiday Cheer is just what the Bibb and Shelby 4-H Regional Council members enjoyed doing for the community. The Council members marched in the annual Montevallo Christmas Parade. During the parade the 4-H members passed out 4-H candy. Special Thanks to the Kinstley's for all their help this year!



Regional Council Members go Christmas Caroling

Jingle Bells, Rudolph, and Silent Night were a few of the Christmas carols that the Shelby Regional Council members sang to the residents of Knowlwood Assisted Living in Montevallo, AL. During the visit the council members also passed out Christmas cards that were made by Elvin Hill Elementary 4-H members and Jingle Bells made by Calera After-school club. The staff and residents truly enjoyed the special visit.

SURVIVIOR: 4-H Edition Mid-Winter Teen Leadership Retreat 2011

The 2011 4-H Mid-Winter Teen Leadership Retreat was held at the Alabama 4-H Youth Development Center in Columbiana during the weekend of February 11-13.

4-H'ers from over thirty Alabama counties were assigned to nine different groups (tribes) where they worked as teams to plan and overcome challenging obstacles in the vertical and wooded terrain at the 4-H Center.

Shelby County 4-H members, Tiffany Smith who is the 4-H State Council Advisor, Timothy Smith, Ashley Stiefel, Audrey Bearss, Rebekah Letlow, Heather Guiton, Anna McGuire, David Kinstley the new State Council Representative and

Vice President of the West Region, and Miller Kinstley were among the one hundred thirty-five youth who participated in Mid-Winter 2011.

Leadership activities were planned and developed by 4-H teen leaders, Alabama Cooperative Extension personnel and Alabama 4-H supporters. Youth participated in a wide variety of activities including night hiking, geocaching, creating healthy drinks and snacks, and learning Zumba fitness dancing from a certified instructor. They also attended a safety workshop that addressed topics such as when and how to apply a tourniquet, the differences between poison and venom, creating a human basket (to carry someone

who's been hurt) and a demonstration on how to build a "lean-to" shelter.

