

Just for Attending



Free, Free, Free
Family Bucks

“CONNECTING”...Families in Alabama is a volunteer-based program. We truly understand the many demands on your time, so just for taking time out of your busy schedule to attend these sessions, you and your partner will receive “Family Bucks” for each Loving Couples/Loving Children session you attend.

Family Bucks are awarded \$10 Wal-mart gift cards to be used toward the purchase of useful family items such as strollers, diapers, car seats, gas, clothing, or groceries.

Other incentives include:

- Refreshments/Meals
- Child Care provided during workshop sessions
- Assistance with completing an Affidavit of Paternity
- Amended Birth Certificate (Fee Waived)
- Coupons from local restaurant/businesses

NOTE: “CONNECTING”...Families in Alabama Special Improvement Project offers relationship education services and activities designed to provide support to families and to strengthen relationships. It is NOT intended to be Domestic Violence Intervention Program.

“Connecting”...
Families in Alabama Staff

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Family Life Center
Hours: Monday-Friday 8:00-4:30

Family Life Center
228-F Binford Dr.
Huntsville, AL 35805
Phone: 256-536-4779
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Loving Couples 
Loving Children®



“CONNECTING”
Families in Alabama
Special Improvement Project

FREE
Relationship
Education

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Alabama Cooperative Extension System
Urban Affairs & New Nontraditional Programs
www.aces.edu



In an effort to promote healthy development for children in Madison County, the Family Connections in Alabama Project is offering Healthy Relationship education to ethnic and culturally diverse single parents and unmarried couples of Madison County who have at least one child together 8 years old or younger.

Family Connections in Alabama Goals:

- **To help individuals become more independent and believe they deserve and can maintain a healthy relationship.**
- To improve a couples' knowledge about the importance of stable relationships, marriages, and families.
- **To provide education and raise awareness of the importance of two-parent involvement in a child's life.**
- To provide education about the importance of consistent and reliable support for children by both parents.



Loving Couples Loving Children (LCLC)

LCLC workshops are designed to be fun, interactive, and informative. You will participate in 12 one-hour group sessions that help single parents and unmarried couples learn skills to make their relationships work, both with each other and with their children, even if you are not together as a couple. We want participants to know that partnering and parenting can be done successfully with the right tools.

Sample LCLC Workshops

- **Two Sides to Every Fight**
- **Intimacy After Kids**
- **Prevent & Recover From Infidelity**
- **Considering Marriage**
- **The Involved Dad; Dads Talk**
- **Honoring Your Partner's Dream**
- **Post-Partum Depression**
- **And much, much more!**

Skills learned:

- **Improved relationship between couples**
- **Improved parent/child relationship**
- **Improved communication**
- **Improved conflict & anger management**
- **Learn how to compromise**
- **How to avoid DRAMA**

We make it EASY for you to participate!

- **Workshops offered in convenient centralized locations**
- **Workshops offered throughout the year!**
- **Afternoon and evening classes are available!**

We work with you!

Getting involved is EASY!

If you are interested in "Connecting"...Families in Alabama please contact the Alabama Cooperative Extension System's Family Life Center at 256-536-4779.

Signing up for the program is quick and simple. Program leaders are available to discuss how this program can benefit you and your family. Orientations sessions are scheduled to answer questions and to register you for the program. Additional contact information is available in this brochure.



Positive communication and relationship skills to provide a healthier environment for children.



Partners

- Alabama Children's Trust Fund
- U.S. Department of Health & Human Services
- Alabama Coalition Against Domestic Violence
- Alabama Office of Child Support Enforcement
- Auburn University-Family & Child Development
- Madison County Department of Human Resources
- Alabama Cooperative Extension System's Family Life Center & Alabama A&M University