



Lowndes County 4-H Educational Activities Handbook



September 2006 – July 2007

“4-H is Learning by Doing”



Alabama Cooperative Extension System/Lowndes County Office
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James Shrophire - 4-H Youth Development
Sallie Lide-Hooker – Family & Child Development
Valerie Conner – Human Health, Diet & Nutrition
Johnny Gladney – Animal Sciences & Forages
Brenda Glover – Animal Sciences & Forages
Tommie Teacher – Animal Sciences & Forages
Willie Datcher – Home Horticulture
Sharon Gilbert – Personal Finance & Consumer Sciences
Janice Hall – Food Safety, Food Preparation & Food Preservation
John Ollison – Forestry, Natural Resources & Wildlife



VISIT OUR WEBSITE: WWW.ACES.EDU/LOWNDES

About the 4-H Program

A 4-H Club is an organization of boys and girls between the ages of 9 and 19. Members elect officers and conduct business meetings. Each club has a local sponsor, called a local leader. This person may be a teacher, parent or person who is interested in volunteer work with young people. The leader is the key to a good local club.

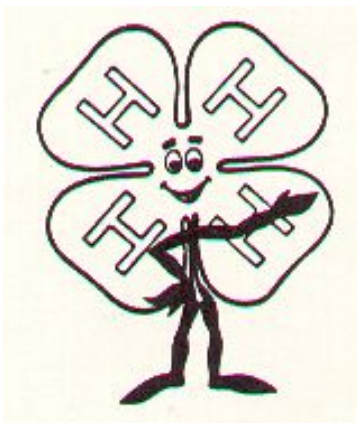
The 4-H Club program is a part of the United States Department of Agriculture. The Land Grant University provides supervision in each state for the Cooperative Extension System. Alabama A&M University, Auburn University, and Tuskegee University are working together in Alabama to reach youth of 4-H age and their families.

The 4-H program came to Alabama in 1909 but its name was 4-H then. The boys were the Corn clubs. They tried to see who could grow the most and best corn. The girls were Tomato clubs. They had contests to see who could grow the best tomatoes and who could can the best.

Today, there are nearly 5 million 4-H members in the United States. Every state has 4-H clubs. In 1914, Congress passed a law that created the Extension Service; the old Corn and Tomato clubs became a part of that organization. They became one club for both boys and girls, and the name was changed to 4-H.

In Alabama, some 180,000 youth are members of the 4-H Club program. 4-H is an age-old organization that has been proven to be an outstanding learning experience for youth. Excitement, learning, friends and FUN, -- yes, 4-H has something for everyone.

The Lowndes County 4-H program is open equally to all young people between the ages of 9 and 19, without regard to race, color, national origin, religion, sex, or disability.



**WELCOME TO
THE CLUB!!!!**

THINGS YOU NEED TO KNOW ABOUT 4-H

4-H Pledge

I pledge

My Head to clearer thinking,
My Heart to greater loyalty,
My Hands to larger service, and
My Health to better living
For my club, my community
My country and my world.



4-H Emblem

The National 4-H club emblem is a four-leaf clover. The clover is a symbol of achievement and good luck.

4-H Club Motto

“To Make the Best Better”

4-H Club Colors

The National 4-H Club colors are green and white – white for purity and green for growing things.

The 4-H Stand For...

Head, Hearth, Hands & Health

4-H Educational Activities

All events, dates and times are subject to change or cancellation. Other activities maybe included at a future time.

(fc) – Fee Charged

Please check the activities in which you are interested in participating.

Make & Take Funshops Youth Entrepreneurship Activities



<input type="checkbox"/>	Jewelry Making & Button Making (fc)	September 14, 2006
<input type="checkbox"/>	Basic Cake Decorating (fc)	November 10, 2006
<input type="checkbox"/>	T-Shirt Designing & Making (fc)	January 26, 2007
<input type="checkbox"/>	Youth Conference “Youth Entrepreneurship”	April 26, 2007

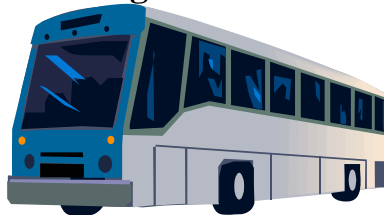
Hands-On Learning



<input type="checkbox"/>	Photography/Powerpoint & Public Speaking	March 20, 2007
<input type="checkbox"/>	Shooting Sports	March 21, 2007
<input type="checkbox"/>	Extreme Birdhouse/Block Rock/Woodworking	March 22, 2007
<input type="checkbox"/>	Healthy Cooking	March 23, 2007

4-H D.A.Y. Trips

4-H “Discovering Alabama” Youth Trips



<input type="checkbox"/>	Golden Flake Snack Food/McWane Center (fc)	February 19, 2007
<input type="checkbox"/>	4-H Space Day (fc)	March 3, 2007
<input type="checkbox"/>	Blue Bell Ice Cream Factory/DeSoto Caverns (fc)	May 24, 2007

Something Extra

<input type="checkbox"/>	4-H CADET –Nashville & Chicago (fc)	July 2007
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4-H Educational Activities

Program Descriptions

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(fc) – Fee Charged

Make & Take Funshops

Youth Entrepreneurship Activities



Jewelry Making & Button Making (fc)

September 14, 2006

\$2.00 per person

Family Services Center (Lowndes County Health Services Building)

10am – 2pm

Instructor: Mrs. Helen Bell-Hunter

The purpose of this funshop is to teach youth how they can start their own business and turn a hobby into profit. The funshop is designed to be a fun, learning experience. Participants will learn to make fashionable jewelry that will be able to take home, wear, giveaway or sale.

Basic Cake Decorating (fc)

November 10, 2006

\$2.00 per person

Family Services Center (Lowndes County Health Services Building)

10am – 2pm

Instructor: Mrs. Janice Hall

The purpose of this funshop is to teach youth how they can start their own business and turn a hobby into profit. The funshop is designed to be a fun, learning experience. Participants will learn to decorate cakes (cupcakes) using simple decorating techniques.

T-Shirt Designing & Making (fc)

January 26, 2007

\$5.00 per person

Family Services Center (Lowndes County Health Services Building)

10am – 2pm

Instructor: TBA

The purpose of this funshop is to teach youth how they can start their own business and turn a hobby into profit. The funshop is designed to be a fun, learning experience. Participants will learn to design and make t-shirts using heat press transfer method.

Youth Conference “Youth Entrepreneurship”

April 26, 2007

More information to come.

4-H Educational Activities

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Hands-On Learning



Photography/Powerpoint & Public Speaking

March 20, 2007

County Courthouse Annex Auditorium

10am-2pm

Instructor: TBA

Learn the fundamentals of photography (taking pictures) and designing a PowerPoint presentation and public speaking.

Shooting Sports

March 21, 2007

Southern Sportsman Hunting Lodge

10am – 2pm

Instructor: Certified Hunter Safety Instructors

Learn the fundamentals of safe gun handling, character education, sportsmanship and respect for the great outdoors. Event is taught by certified hunter education instructors.

Extreme Birdhouse/Block Rock/Woodworking

March 22, 2007

County Courthouse Annex Auditorium

10am – 2pm

Instructor: TBA

Learn the fundamentals of the newest 4-H contests. Use your imagination to create a masterpiece - build a birdhouse out of “anything” you find – a shoe or a milk carton. Create amazing designs with Lego blocks or select a woodworking project that you can make and keep forever.

Healthy Cooking

March 23, 2007

County Courthouse Annex Auditorium

10am – 2pm

Instructor: Mrs. Callie Nelson

Learn the fundamentals of healthy cooking and eating. Learn to make simple, health recipes and snacks for yourself and your family. Learn about food preparation and presentation, food demonstrations and food safety.

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(fc) – Fee Charged

4-H D.A.Y. Trips

4-H “Discovering Alabama” Youth Trips



Golden Flake Snack Food/McWane Center (fc)

February 19, 2007

Tour the famous snack chip company and eat chips hot out of the pot. Learn the history of the Golden Flake Company and see the process of making corn, tortilla, potato chips and pretzels. Then, experience and learn science the fun way – hands on, minds on learning. Visit the three floors of interactive exhibits designed to give students the opportunity to explore and observe exciting science phenomena. These state-of-the-art technologies will connect students' emerging scientific knowledge with the everyday world.

4-H Space Day (fc)

March 3, 2007

Feel like an astronaut for a day at the U.S. Space & Rocket Center. Re-enter the Earth's atmosphere in the Land the Shuttle, sit in an Apollo cockpit trainer, climb the Olympus Mon's climbing wall, take a surprise journey to the international space center and experience the force of gravity as you spin like crazy in the G-force accelerator and much more.

Blue Bell Ice Cream Factory/DeSoto Caverns (fc)

May 24, 2007

Tour the company that makes the “best ice cream in the country” Blue Bell. Tour the plant, learn the history of the company, see how ice cream is made and finish up with a good ole' scoop of your favorite flavor of Blue Bell ice cream. Then travel down into Alabama's big cave, DeSoto Caverns. The cave is 12 stories high and larger than a football field. The cavern is decorated with thousands of formations.

SOMETHING EXTRA

4-H CADET – Nashville & Chicago (fc)

July 2007

More information to come.