

# 4-H is "SEW" much fun!

Tuesday, April 10, 6:00 pm.



Don't miss the annual **Lauderdale County Fashion Review**.  
There is something for everyone of every skill level.

## Needlework Project

Crochet... cross stitch... knitting... latch hook... and more... Where is your skill? What is your favorite? Submit your best work for the needlework project competition.



## Alabama Quilters

Did you know a quilt is a piece of artwork? The Alabama Quilters project can be done as an individual or with a team. All work must be done by the 4-Her(s). An adult can help, but should not do the work. A few important rules:

- Do not use a kit or fabric packet.
- Your quilted project cannot be bigger than 3 feet x 3 feet (smaller is OK).
- Quilts can be wall quilts, placemats, pillows, something that you wear (vest, skirt), or any other form.
- Construction and quilting may be done by hand or machine, or even glued.



## Sewing Projects

Choose the level of competition that best suits your skill level and your interest. Show us your personality and style with a garment you make.

- **Simple sewing** - for example, you could make a trendy accessory, a vest, a pillow, an apron.
- **Level 1 skirt or pants** - a skirt or pair of pants with an elastic or drawstring waist.
- **Level 2 simple sewing** - a simple complete outfit. (*Junior and Senior 4-Hers only*)
- **Level 3 advanced complete outfit** - a complete outfit with at least 3 of the following features: collar, set-in sleeves, buttonholes, lining, waistline/waistband, zipper, pockets, and/or creativity. (*Junior and Senior 4-Hers only*)

## The \$15 Challenge

Give your special touch to an outfit that you find at a thrift store, garage sale, consignment shop or Goodwill store. You cannot spend over \$15 – bring your receipts! You will model your outfit and answer a few questions from the judges. Shoes and accessories do not count in the \$15.

## Important Information

- All projects must be turned in to the 4-H office no later than **Monday, April 9th, 5:00 pm.**
- Needlework and sewing are county-level contests only and have three age groups – Cloverbud (5-8), Junior (9-13), and Senior (14-19) except where noted. Cloverbuds receive participation ribbons only.
- **\$15 Challenge** and **Alabama Quilters** have four age groups – Junior, Intermediate, Senior I, and Senior II. Winners in each age group will advance to the Regional or State level (based on age division).
- Put your name, school name, grade and phone number on a piece of paper and pin that paper to your project. Please press your garment and put it on a hanger. Attach your pattern to the hanger with a clothes pin.

Questions? Call the 4-H office at (256) 766-6223.

Sponsored by Lauderdale County Farmer's Federation, Lauderdale County Homemakers and Community Leaders Club, and Ken's Sewing Center