



2011 - 2012 Poster Contests



September

Radon Awareness

Ages 9 - 14

Radon is the 2nd leading cause of lung cancer in the U.S.

Show us ...what radon is
...how radon gets in your home,
...health effects of radon,
OR ...testing your home for radon.



Helpful Radon Resources

www.epa.gov/radon/
www.aarst.org
www.sosradon.org

October - National Beef Month

Beef

Two divisions: ages 9-13
and ages 14 - 19

Beef is the #1 Ag commodity in Lauderdale County

This contest gives you an opportunity to learn more about beef and beef products, and their importance to human health.

Helpful Resources

www.bamabeef.org
www.beefnutrition.org

Sponsored by the

Lauderdale Co. Cattlewomen's Association

November

Farm-City

Two divisions: grades K-3
and 4-6

"Harvesting Healthy Choices"

Show the healthy food choices that are grown by America's farmers. Include the theme above on your poster.



Helpful Resources

www.alfafarmers.org
www.choosemyplate.gov

March

Dairy

Two divisions: ages 9-13
and ages 14 - 19

Learn more about dairy farming and nutritional facts about dairy foods. Make your poster like a mini billboard for the milk food group. Put the 2012 dairy theme on your poster.




Helpful Resources

www.southeastdairy.org
www.choosemyplate.gov

The 2012 theme will be posted on our website when it is announced.

Poster Contest Rules:

- Use a large white poster, cut in 1/2 so it is 14" x 22", and turned horizontally - like this: 
- Design and draw the artwork for your poster. Use pen, pencil, crayon, marker, or paint on the poster. You can also use photographs and/or computer graphics on your poster (except for Farm-City Poster).
- Write neatly and large enough to be read easily when hanging on a wall (letters 1" - 2" high). Be sure to check your spelling and grammar!
- Do not use any copyrighted characters from cartoons and such (Snoopy, Sponge Bob, etc.) or any product names and logos (Coke, Kleenex, etc.)
- Put all of this information on the BACK of your poster:

Name	Age	School
Phone	Grade	Teacher

Your poster will be judged on creativity, originality, neatness, spelling/grammar, and the accuracy of the information you provide.



Lauderdale County 4-H

256-766-6223

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