



## WHAT TO BRING

Please limit luggage to one suitcase, backpack or duffel bag, plus one sleeping bag or bedroll. No trunks! Avoid sending unnecessary items. Make sure all items are marked. Only old clothes are needed. New clothes may be ruined by heavy outdoor use. Confirm the weather forecast the day before departure and pack accordingly. Remember that layers of clothing provide warmth and can easily be removed if needed.

### **Please remember to:**

- **Label all clothing.**
- **Pack a plastic bag for wet and/or dirty clothes on the return trip.**

### **Clothing List**

- Raincoat or Rain Gear – Waterproof
- Sweatshirt/Jacket
- Two pair of shoes (at least one pair **MUST BE close-toe, sneakers, hiking boots, etc. Crocs are NOT closed toe shoes**)
- 1 clean shirt per day
- 1 pair of old jeans or pants
- 3 pairs of shorts or pants
- 5 pairs of socks
- Hat or cap
- 1 pair of pajamas
- Plastic bag for wet clothes

### **Personal Items**

- Pillow
- Water Bottle
- Toiletries: soap, toothbrush, towel, etc.
- Sleeping Bag (or twin size fitted sheets and blanket,)
- Roll-on or lotion insect repellent. (Please do not bring spray repellent.)
- Sunscreen

### **Optional Items**

- Day pack or waist pack
- Flashlight
- Camera and film (disposable and waterproof is recommended)
- Binoculars
- Stamped envelope
- Sunglasses
- Money for canteen – singles and quarters (no more than \$20.00)

### **Do Not Bring**

- Knives
- Fireworks
- Radios, CD Players, MP3's, electronic games, etc.
- Cell phones (students)

- Expensive Jewelry