Planning a CRSS program involves much advance preparation. It is important to receive commitments and money from your students well before the actual trip. This planning helps to avoid last-minute cancellations.

CURRICULUM
The classes offered are an excellent supplement to the classroom experience. Our class curricula are correlated with the Alabama Course of Study. It is the policy of the Coosa River Science School program that classroom teachers and resident program staff cooperate in the instruction. We are asking that visiting teachers be responsible for one evening of programming. Please refer to the class list for more details. The CRSS staff will supply some materials and curricula for teacher-led classes.

ACCOMMODATIONS
The accommodations at the 4-H Center include the ALFA and Morrison Dormitories and the Fernwood Village (Cottages).

Our two-story dormitories accommodate both students and adults. Student rooms have 2 sets of bunk beds (sleeps 4) and a private bath. Adult rooms are set up in a suite-style with two rooms sharing one bathroom. Each room has two beds. Each floor also has lobby areas for the students and adults. The dormitories are air conditioned and heated.

Fernwood Village consists of 5 cottages each sleeping 13 for a total of 65 beds. There are two centralized bath houses located at Fernwood. Each cottage and bath house are air conditioned and heated.

Adults must be in the dorm area when students are in the rooms. Students and adults are responsible for their own bedding (sleeping bag or sheets and blanket) and towels.

CHAPERONES
Please arrange for at least one adult to accompany each field group. The chaperones’ and teachers’ responsibilities are to supervise students and help with discipline when they are in class, as well as on free time. Chaperones and Teachers need to be present at meals, canteen, recreation, and at the dorms or cottages in the evening. Please meet with all of your chaperones before the trip to go over these responsibilities. We want them to feel comfortable as part of the program and hope that they learn along with the students. Remember that the more involved the chaperones and teachers are the better the experience for the students.

CLASS SCHEDULING
Approximately one month before your CRSS program, a staff member will contact you to confirm your class choices. All schedules are flexible, and we want to work with you to give your school the best experience possible. For a three-day program, teachers may choose six day classes and up to two night classes (If you are scheduling a one or two day program please contact the office to set up your schedule). We are asking that visiting teachers be responsible for one night of programming during your 3-day study. Curricula for teacher-led activities are provided upon request. General course descriptions are included in another section of this planner.

An example of a 3-Day CRSS program can be found on the back of this form for your review.

FIELD GROUP SIZE
Prior to your arrival at the Science School, you will need to divide your students into Field Groups of equal size. We feel that teaching in smaller groups will be more beneficial to the students. We will ideally base the number of Field Groups on 12-15 students per group with at least 1 chaperone per group.

Please contact the Program Coordinator to determine how many groups you will need.

The finalized Field Group List is due to the Program Coordinator 2 weeks before your CRSS program.
# CRSS Program Schedule

**School Name:** Example Elementary School  
**Total Number of Students:** 60  
**Total Number of Adults:** 8  
**Dates:** April 6 – 8, 2005  
**Grade(s):** 5th  

<table>
<thead>
<tr>
<th>Climbing Wall</th>
<th>Orienteering</th>
<th>Lake Ecology</th>
<th>Canoeing</th>
<th>Herpetology</th>
<th>Pioneer Village</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Day One:</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Arrival 10:30 Move in, unpack</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Tour 11:00</td>
<td>Orientation 11:30</td>
<td>Lunch 12:00</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Class 1</td>
<td>1:00 – 2:45</td>
<td>A</td>
<td>B</td>
<td>C</td>
<td>D</td>
</tr>
<tr>
<td>Class 2</td>
<td>Canteen (Snacks) 2:45 – 3:15</td>
<td>A</td>
<td>B</td>
<td>C</td>
<td>D</td>
</tr>
<tr>
<td>Canteen (Snacks) 3:15 – 5:00</td>
<td></td>
<td>A</td>
<td>B</td>
<td>C</td>
<td>D</td>
</tr>
<tr>
<td>Dinner 5:30 – 6:30</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Day Two:</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Flag Raising 7:50</td>
<td>Breakfast 8:00 – 8:45</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Class 3</td>
<td>9:00 – 10:45</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Class 4</td>
<td>1:15 – 2:45</td>
<td>A</td>
<td>B</td>
<td>C</td>
<td></td>
</tr>
<tr>
<td>Canteen (Snacks) 2:45 – 3:15</td>
<td></td>
<td>A</td>
<td>B</td>
<td>C</td>
<td></td>
</tr>
<tr>
<td>Class 5</td>
<td>3:15 – 5:00</td>
<td>C</td>
<td>D</td>
<td>A</td>
<td>B</td>
</tr>
<tr>
<td>Dinner 5:30 – 6:30</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Day Three:</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Flag Raising 7:50</td>
<td>(ALL luggage must be removed from the dorms and cottages before flag raising)</td>
<td>Breakfast 8:00 – 9:00</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Class 6</td>
<td>9:00 – 10:45</td>
<td>B</td>
<td>C</td>
<td>D</td>
<td>A</td>
</tr>
<tr>
<td>Canteen (Souvenirs) 10:45 – 11:15</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Lunch 11:15 – 12:00</td>
<td>Depart 12:00</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Night One**  
- **Astronomy**  
  - **Night Class** 7:00 – 8:00  
  - **Night Class** 8:15 – 9:15  
- **Campfire**  
  - **ALL**  
- **Sports Night**  
  - **Teacher Led Night Class 1**  
- **Night Two**  
  - **Movie Night**  
  - **ALL**
Canteen Price List

Canteen is open each day between the two afternoon classes and on the outgoing morning before lunch. Students may not have food in their rooms.

The following is a list of items and prices for the Canteen:

**SOUVENIRS**
- 4-H Bracelet: $1.50
- 4-H Hats: $5.00
- 4-H Ink Pens and Pencils: $1.00
- 4-H Mini Soccer Ball: $7.00
- 4-H Quilt Mug: $5.00
- 4-H T-Shirts (Short Sleeve): $6.00
- 4-H Water Bottles: $7.00
- Binoculars: $8.50
- Cameras: $8.00
- Country Pals Necklace: $4.00
- Deck of Cards: $1.00
- Flashlights w/ batteries: $5.00
- Light-Up Porcupine Balls: $3.00
- Nature Hand Bags: $8.00
- Post Cards: $0.25
- Rain Poncho: $2.00
- Squirt Frogs: $1.50
- Stuffed Elephants, Frogs, Owls, Raccoons, Snakes, Tigers, and Turtles: $8.00
- Sticky Tongue Frogs: $2.50
- Stuffed Chirping Frogs: $5.00
- Turtles (Plastic): $0.75
- Wild Clingers (Tigers, Frogs, Owls, Eagles): $5.00

**REFRESHMENTS**
- Canned Soda (Vending Machine): $0.75
- Bottled Water (Vending Machine): $1.00
- PowerAde (Vending Machine): $1.00
- Snacks (Canteen): $0.50

*ALL MERCHANDISE SUBJECT TO AVAILABILITY!*
NEW IN 07-08 SCHOOL YEAR!

The EFS program strives to give your students every chance possible to learn and experience conservation in action. In the spirit of this idea we now serve all meals Family-style to residential program groups. The EFS instructors will use the time spent in the dining room as a teaching tool and present the “Waste Not” program to your students at the end of each meal. This program teaches the students about the production of food and the importance of cutting down on food waste. The program helps teach students to make smart decisions about their portion sizes in the beginning of meals in hopes of cutting down the amount of food that is wasted at each meal.

All meals served today program groups will be served cafeteria-style.

SAMPLE MENU

BREAKFAST (EVERY MORNING)
Bacon, Eggs, Grits, Biscuit, and Milk, Juice and/or Water

LUNCH
1. Pizza, Tator Tots, Tossed Salad, Dessert and Tea or Water
2. Hamburgers, Fries, Lettuce, Tomatoes, Onions, Cheese, Dessert and Tea or Water
3. Chicken Sandwiches, Deli Wedges, Lettuce, Tomatoes, and Tea or Water

DINNER
1. Chicken Fingers, Macaroni and Cheese, Green Beans, Tossed Salad, Dessert, and Tea or Water
2. Spaghetti (sauce with or without meat), Rolls, Tossed Salad, Dessert and Tea or Water
3. Hamburgers, Fries, Lettuce, Tomatoes, Onions, Cheese, Dessert and Tea or Water

The order of meals may vary depending on program selection!
Directions to the Coosa River Science School at the Alabama 4-H Youth Development Center

Please use an Alabama road map in conjunction with these directions.

From Birmingham/I-65: Take I-65 South to Exit 238 (Alabaster-Columbiana). Turn left onto Hwy 31. Go 6.3 miles to Hwy 70 and turn left. Follow Hwy 70 to Columbiana. Go through two traffic lights. Travel 0.3 miles past the second light and take the right fork by Shelby County High School onto Shelby County Hwy 28. Follow Hwy 28 for 4.8 miles to Hwy 145. Go straight across Hwy 145 for 1.7 miles and turn left at the 4-H sign. Follow this road to the lodge.

From Birmingham/Hwy 280: Take Hwy 280 to Chelsea turning right onto Hwy 47. Go 12.8 miles to Columbiana. Go straight through traffic light into downtown Columbiana. At the next traffic light in the center of town, turn left. Travel 0.3 miles past the second light and take the right fork by Shelby County High School onto Shelby County Hwy 28. Follow Hwy 28 for 4.8 miles to Hwy 145. Go straight across Hwy 145 for 1.7 miles and turn left at the 4-H sign. Follow this road to the lodge.

From Montgomery: Take I-65 North toward Birmingham. Get off at Exit 212 (Clanton-Lay Dam). Turning right onto Hwy 47. Go 12.8 miles to Columbiana. Go straight through traffic light into downtown Columbiana. At the next traffic light in the center of town, turn left. Travel 0.3 miles past the second light and take the right fork by Shelby County High School onto Shelby County Hwy 28. Follow Hwy 28 for 4.8 miles to Hwy 145. Go straight across Hwy 145 for 1.7 miles and turn left at the 4-H sign. Follow this road to the lodge.

From Atlanta: Take I-20 West toward Birmingham. Take Exit 158 (Pell City, AL), on Hwy 321 South. From Pell City go straight through Vincent and Harpersville to Wilsonville. (Note: Hwy 321 changes to Hwy 25).

Wilsonville: Turn left at the traffic light in Wilsonville onto Hwy 61 South. Travel 2.7 miles to Hwy 145. Hwy 145 will fork to the left. Travel 3.1 miles on Hwy 145 to Hwy 28. Turn left onto Hwy 28. Go 1.7 miles and turn left at the 4-H sign. Follow this road to the lodge.

From Auburn: Take Hwy 280 to Childersburg. Go over river bridge outside Childersburg and turn left onto Hwy 76. Follow Hwy 76 for 5 miles to Hwy 25. Turn left onto Hwy 25 and travel 4.4 miles to Wilsonville. Follow directions above from Wilsonville to the 4-H Center.

From Tuscaloosa: Take I-459 from Tuscaloosa to Birmingham. Take I-65 South off I-459. Travel on I-65 South to Exit 238 (Alabaster-Columbiana). Follow directions Above From Birmingham/I-65 to the 4-H Center.
Check out our website at www.coosariverscienceschool.org

Rev. 10/08/07
1-DAY EFS
The cost of the 1-Day EFS is **$12.50** per person (student, teacher or adult chaperone) for a **Half Day** (up to 4 hrs of programming), or **$15** per person for a **Full Day** (over 4 hrs, up to 8 hrs of programming). If you have over 50 students the cost will change to **$10** per person for a Half Day or **$12.50** per person for a Full Day. A meal may be provided at an additional charge of **$5** per person.

2-DAY EFS
The cost of the 2-Day EFS is **$47.50** per person. This price includes 3 (1hr 45 minutes) day programs, 1 (1hr) night program, lodging in dorms or cottages (depending on availability), and 3 meals.

3-DAY EFS
The cost of the 3-Day EFS is **$95.00** per person. This price includes 6 (1 hr 45 minute) day programs, 2 (1 hr) night programs, lodging in dorms or cottages (depending on availability), and 6 meals.

**Additional Fees for 2-Day and 3-Day Environmental Field Studies:**
- $5 per person per additional program
- $5 per person per additional meal

*For all of the Coosa River Science School programs, one teacher/adult chaperone per 15 students may come at no cost.*